

Southport & Ormskirk NHS Trust

Critical Care Therapy Rehabilitation Standards

1. **Comprehensive Assessment** completed to include baseline Assessment of previous mobility, social circumstances and psychological history within 24 hours of admission
2. Manchester Mobility Score MMS/CPAx completed for all patients at earliest opportunity and recorded in the therapy file audit sheet, patients also added to online Rehab Audit
3. The following documents should be completed by the designated 'Key Worker' after assessment and reviewed on a weekly basis:
  - GAS completed/reviewed/updated
  - Treatment plan documented on whiteboard and updated weekly or as indicated, daily weaning plans to be updated as required
4. All rehabilitation patients will be discussed at the 'Rehab Review Meeting' which is weekly and led by Rehabilitation Co-ordinator
5. An up to date **Comprehensive Assessment** completed within 72 hours of critical care discharge (Immediately pre discharge if known discharge date/time OR when made 'wardable'), ongoing acute needs will be reviewed out of hours and over weekend as indicated.
6. Ongoing therapy for patients for first 24-48hrs post discharge from Critical Care delivered/supported by Critical Care Therapy Team as indicated for those who are assessed as 'High Risk' (ongoing rehab, mobility or exercise programmes)
7. Discharge summary to be completed on ward including discharge destination, ongoing referrals made (including gym class referral) and final MMS/Appropriate Outcome Measure (CPAx)
8. Audit data from ICNARC to be added to online Rehab Audit