

Individual Assessment

***** PLEASE TICK THE RELEVANT BOXES IN TABLE ONE *****

RISK	SCORE 0	✓	SCORE 1	✓	SCORE 2	✓	SCORE 3	✓
AGE	Below the age of 49		50 – 59		60 – 69		70+	
GENDER & ETHNICITY N.B For other non-white ethnic groups besides Asian and Black kindly score alongside the Asian profile.	Female White		Female Asian		Male Asian		Male Black	
			Male White		Female Black			
STATUS OF YOUR CONDITION	None Known		Mild		Moderate		*Pregnant (Please refer to guidance below)	
	No underlying health condition as described on previous page.		Evidence of underlying health condition (including obesity) that is well managed and stable with or without medication		Evidence of underlying moderately severe or unstable health condition(s) including obesity		Clinically Extremely Vulnerable (those that have been shielding with Government /NHS letter) For those that have been <u>shielding</u> – <u>place in the high risk category</u> irrespective of age ethnicity and gender score	

*****THEN TOTAL THE ASSOCIATED SCORE IN TABLE TWO *****

Total Score <3	Total Score 3-5	Total Score ≥6
Category A – Low Risk	Category B – Medium Risk	Category C – High Risk
Continue working in current environment following all safety precautions, safe systems of work and correct use of PPE and strict adherence to IPC guidelines	Redeploy away from hot COVID-19 environments. Avoid direct contact with known or suspected COVID-19 patients where possible.	Consider <ul style="list-style-type: none"> Home working COVID secure area (non-patient facing) Move to lower risk area with appropriate support measures.

***Pregnancy:** Women who are less than 28 weeks pregnant with no underlying health conditions should practise social distancing but can choose to continue working in a patient-facing role, provided the necessary precautions are taken. Women who are more than 28 weeks pregnant, or have underlying health conditions, should avoid direct patient contact and it is recommended that they stay at home and are supported to work remotely if operationally appropriate to their role.

Once you have completed the scoring you can now complete the risk assessment documentation sheet below which will enable you to capture what adjustments or control measures are needed.

Reference

Development of an Objective Risk Stratification Tool to facilitate workplace assessments of healthcare workers when dealing with the CoViD-19 pandemic.

W David Strain, Janusz Jankowski, Angharad Davies, Peter MB English, Ellis Friedman, Helena McKeown, Su Sethi, Mala Rao OBE, available on

<https://www.bma.org.uk/media/2768/bma-covid-19-risk-assessment-tool-july2020.pdf>