

Depression

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Systematic Reviews

[Do general hospital staff stigmatise people with mental illness?](#) This blog discusses a recent systematic review looking at general hospital health professionals' attitudes towards patients with comorbid mental and physical health conditions.

Reports

[Mental health and travel report launched](#) 385 people responded to an online survey investigating the relationship between mental health and travel. The report of results argues that operators of public transport need to do more to support travellers with mental health difficulties. [Full report](#)

[Right of everyone to the enjoyment of the highest attainable standard of physical and mental health](#) In this report the Human Rights council elaborates on the critical role of the social and underlying determinants of health in advancing the realisation of the right to mental health.

[In ten years' time](#) It is now 10 years since the publication of the landmark [Bradley report](#) on mental ill-health and learning disabilities in the criminal justice system. This report recommends further change to ensure that people with mental ill-health and addictions are not sent to prison when alternatives are more effective.

Research

[Loneliness and sedentary behaviour: time to take a stand?](#) This blog describes recent research into possible connections between sedentary behaviour, loneliness, and social media use in young people's mental health.

Study

[Youth anxiety and depression treatment not as good as we think? What should we tell the children?](#) This blog discusses recent evaluates a recent study of 4,464 adolescents assessing post-treatment improvement rates in depression and anxiety.

Guidance

[Depression in children and young people: identification and management](#) This guideline covers identifying and managing depression in children and young people aged 5 to 18 years. It aims to improve assessment and treatment for depression using the stepped-care mode.

News

[Increase in adult carers feeling stressed or depressed](#) NHS Digital reports on a survey of 50,800 adult carers in England, finding an increase in carers feeling depressed or stressed.