

Jul 2019

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## **News**

[Medicines and medical products supply: government updates no-deal Brexit plans](#)  
The government has announced plans to launch procurement exercises to secure freight capacity if the UK leaves the EU with no deal.

[Fake news putting 50,000 lesbian, gay and bisexual women at risk of cancer](#)  
The common belief that lesbian, gay and bisexual (LGB) women are not at risk of cervical cancer is fake news that has created a dangerous screening gap, the NHS has warned.

[Smartphone befriending scheme can improve the lives of people living with psychosis, new pilot study has found](#)  
Regularly texting or calling a volunteer 'befriender' can improve the lives of people experiencing psychosis.

[Three in five young people have experienced a mental health problem or are close to someone who has](#)  
Three in five young people (59 per cent) have either experienced a mental health problem themselves, or are close to someone who has.

[The RCN has partnered with Health Education England to create a sexual health education directory](#)  
This sexual health education directory aims to help nursing staff establish what their training needs are and then address them.

[Physical activity helps children to deal with life's challenges](#)  
Public Health England, Disney UK and Sport England launch new Change4Life campaign to inspire children to get more active.

## **Systematic Reviews**

[Pay for performance](#) for hospitals  
This systematic review explores whether Pay-for-Performance (P4P) increases quality or efficacy of care. Non-payments seem to be slightly more effective than bonuses and payments for quality attainment seem to be slightly more effective than payments for quality improvement.

[Using both nicotine patches and gum together improves the chances of quitting smoking](#)  
Using a nicotine patch together with a fast-acting type of nicotine replacement therapy (NRT) such as gum or lozenges improves smoking cessation rates compared to using only a single type of NRT. Higher-dose nicotine patches are also more effective than lower dose ones, this NIHR-funded review suggests.

## **Policy Paper**

[Dental amalgam: plan to phase down use in England](#)  
A national plan to phase down the use of dental amalgam in England.

[Prevention concordat for better mental health: consensus statement](#)  
Describes the consensus statement of the prevention concordat for better mental health.

## **Randomised Controlled Trial**

[Telephone or internet delivered talking therapy can alleviate irritable bowel symptoms](#)  
People with irritable bowel syndrome may find cognitive behavioural therapy (a talking therapy) delivered via telephone or internet improves their symptoms. Compared with usual care alone, both interventions were shown to be more effective, with telephone delivery resulting in greater symptom reduction and web-based therapy being more cost-effective.



## **Reports**

[All-Party Parliamentary Group for Ageing and Older People](#) This report was published after an in-depth inquiry to understand the detrimental impact of poor housing on older people's physical, mental and social wellbeing.

[A citizen-led approach to health and care: Lessons from the Wigan Deal](#) This report provides an independent critique of the Wigan Deal. It explores what local authorities, NHS organisations and others can learn from Wigan's journey of transformation.

[World Drug Report 2019: 35 million people worldwide suffer from drug use disorders while only 1 in 7 people receive treatment](#) Improved research and more precise data have revealed that the adverse health consequences of drug use are more severe and widespread than previously thought.

[Disability, mental health and wellbeing support in DHSC: workforce report 2019](#) The Department of Health and Social Care's (DHSC) first annual workforce report on disability, mental health and wellbeing.

[Children and Young People's Mental Health Task Force: recommendations](#) This Scottish task force report makes recommendations for future practice in supporting children and young people's mental health.

[HIV in the United Kingdom](#) Updated reports by Public Health England about testing, diagnosis and care HIV in the UK.

[Moving Matters - Interventions to increase physical activity](#) This review focuses on National Institute for Health Research (NIHR)-funded research evaluating over 60 published and ongoing studies of interventions to increase physical activity for individuals and populations.

[Commercial infant and baby food and drink: evidence review](#) The report sets out PHE's advice to government on the opportunities for action to improve foods and drinks aimed at infants and young children.

## **Statistics**

[Health visitor service delivery metrics 2018 to 2019: quarterly data](#) Metrics from health reviews for pregnant women, children and their families at several stages including antenatal contact, new birth visit, 6 to 8-week review, 12-month review and 2 to 2 and a half year review, by local authority.

[Statistics on Smoking, England](#) This report presents a broad picture of health issues relating to smoking in England and covers topics such as smoking prevalence, habits, behaviours and attitudes among adults and school children.

## **Leaflet**

[HPV universal vaccination](#) A guide to the human papillomavirus (HPV) vaccination programme beginning in September 2019.

## **Strategy**

[The NHS patient safety strategy: safer culture, safer systems, safer patients](#) Patient safety is about maximising the things that go right and minimising the things that go wrong. This strategy sets out what the NHS will do to achieve its vision to continuously improve patient safety.

## **Guidance**

[Healthcare for people leaving an immigration removal centre: guidance for NHS providers](#) Healthcare entitlements for people being released into the community in England.

[Pregnancy and early life: reducing stillbirth and infant death](#) This planning tool examines factors that influence stillbirth and infant death at the population level, rather than in individual clinical care.

[Long-acting reversible contraception](#) This guideline aims to increase the use of long-action reversible contraception by improving the information given to women about their contraceptive choices.

[NHS population screening explained](#) This updated guide sets out what NHS population screening is, how it works, its limitations and the role of Public Health England.

[Varicella: the green book](#) Updated Varicella (chickenpox) immunisation information for public health professionals, including updates.

[Hypertension in pregnancy: diagnosis and management](#) This guideline covers diagnosing and managing hypertension (high blood pressure), including pre-eclampsia, during pregnancy, labour and birth. It also includes advice for women with hypertension who wish to conceive and women who have had a pregnancy complicated by hypertension.

[Measles: post-exposure prophylaxis](#) Guidelines on the use of post-exposure prophylaxis for measles in high-risk groups.

## **Briefings**

[Understanding primary care networks](#) This briefing explores the context and rationale for PCNs. It explores relevant evidence and draws out intended benefits and possible risks for the future of PCNs.

[Children's social care services in England](#) This House of Commons Library briefing paper provides an overview of the key challenges currently facing local authority children's social care services in England.

## **Consultation**

[NHS England consults on 'digital first' primary care](#) A [consultation](#) is underway on proposals to reform patient registration, funding and contracting rules in the wake of digital innovations

## **Resource**

[Free cancer communications interactive resource launched](#) Skills for Health has launched a Cancer Communications Interactive Resource in a bid to help improve long-term outcomes for people affected by cancer by 2020.

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