



News

<u>Samaritans piloting real-time written word service</u> Recognising that many people may be more comfortable communicating via text/messaging than verbally, Samaritans are piloting a live webchat service. If successful, this will become a regular service to the public.

Epilepsy drugs linked to increased risk of suicidal behaviour, particularly in young people A new study shows that epilepsy drugs are linked to increased risk of suicidal behaviour. These risks are strongest amongst 15 to 24 year-olds, prompting the researchers to suggest that treatment guidelines for young people should be reviewed.

<u>Self-harm in Children and Adolescents: A Major Health and Social Problem of our Time</u> Professor Keith Hawton, highlighted the very worrying recent increases in rates of suicide in England in older adolescents and the rise in self-harm in young teenage females.

Meta-analysis

Adolescent cannabis use and risk of depression and suicide This blog critiques a recent major data analysis that links adolescent cannabis use with increased risk of depression and suicide. The author considers the opportunities for early recognition of cannabis use and public intervention, particularly as it relates to depression.

Statistics

<u>Suicide in Wales since 1981</u> Recently updated statistics and analysis of suicide in Wales.

Concerning rise in suicide deaths prompts calls for further action 2018 saw a 14% increase in Scotland's suicide rate. In particular, the suicide rate for young people reached its highest since 2007. The <u>full statistical overview</u> is available from the Scotlish Public Health Observatory.

Annual Report

<u>Papyrus annual report</u> PAPYRUS is the national charity dedicated to the prevention of youth suicide.

White Paper

Online Harms White Paper – Easy Read version The Online Harms White Paper which sets out the government's plans for a world-leading package of online safety measures is now available in an easy read version. This package will make companies more responsible for their users' safety online, especially children and other vulnerable groups.

Article

Newer-Generation Antidepressants and Suicide Risk in Randomized Controlled Trials: A ReAnalysis of the FDA Database Two European researchers are calling for re-analysis of the FDA Database in light of recent studies' disagreement about whether antidepressants may trigger suicide attempts in adults with major depression.

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