



## **Guidance**

[Actions for adult social care providers to prepare for Brexit](#) What adult social care providers and local authorities need to do to prepare for a no-deal Brexit.

[Child oral health: applying All Our Health](#) Updated evidence and guidance to help healthcare professionals improve child oral health.

[Wellbeing and mental health: applying All Our Health](#) Evidence and guidance to enable healthcare professionals make improvements against wider factors that affect health and wellbeing in mental health.

[Childhood obesity: applying All Our Health](#) Updated evidence and guidance on childhood obesity, to help families and communities intervene and help change eating and activity habits.

[Alcohol: applying All Our Health](#) Evidence and guidance to help healthcare professionals reduce alcohol-related harm.

[Workplace health: applying All Our Health](#) Evidence and guidance to help healthcare professionals encourage people to live healthy lifestyles at work.

[NICE Guideline: Hypertension in adults: diagnosis and management](#) This guideline covers identifying and treating primary hypertension (high blood pressure) in people aged 18 and over, including people with type 2 diabetes. It aims to reduce the risk of cardiovascular problems such as heart attacks and strokes by helping healthcare professionals to diagnose hypertension accurately and treat it effectively.

[Newborn and infant physical examination: programme handbook](#) This document brings together all the guidelines that relate to the NHS newborn and infant physical examination (NIPE) screening programme.

[Vaccination of individuals with uncertain or incomplete immunisation status](#) One-page summary for health professionals and immunisation practitioners giving vaccinations.

[Preventing falls in people with learning disabilities](#) To help public health, health professionals, paid social care staff and family members to prevent falls in people with learning disabilities.

## **Toolkit**

[Progressive neurological conditions toolkit published](#) A new toolkit aims to help people with neurological conditions be managed closer to home and ensure they get the right care at the right time.

## **Study**

[Adding behavioural support to drug treatment helps more people quit smoking](#) Among people using drug treatment to stop smoking, adding telephone or face-to-face behavioural support boosts their chances of success.

## **Profile**

[Suicide prevention profile](#) Updated data on suicide, associated prevalence, risk factors and service contact among groups at increased risk.



### **News**

[Digital tools help improve access to healthcare for patients with hearing and sight loss](#)  
 People with sensory impairments in West Yorkshire have been given the ability to use digital health tools to make visiting the GP easier.

[Helping doctors and nurses to improve care for patients with a learning disability](#) NHS Digital pilot will improve care for people with a learning disability by introducing a reasonable adjustment flag on patient records.

[Personalised health checks to be considered in new review](#) A review of the NHS Health Check service will explore new intelligent, predictive checks, taking age, risk factors and lifestyle into account.

[New HIV diagnoses fall by a third in the UK since 2015](#) Annual HIV data shows a continued decline with new diagnoses at their lowest level since 2000.

[MMR vaccination call following high numbers of cases](#) Outbreaks of measles and mumps prompt Public Health England to call for anyone who is eligible to get vaccinated.

### **Annual Report**

[Statistics on NHS Stop Smoking Services in England April 2018 to March 2019](#) This annual report presents results from the monitoring of the NHS Stop Smoking Services in England during the period April 2018 to March 2019.

### **Indicator update**

[Patient experience of NHS and social care services](#) In our latest indicator update we've looked at how patient experience of NHS and social care services has changed over time.

### **Cochrane Reviews**

[Flexibility exercise training for adults with fibromyalgia](#) This review summarises the effects of flexibility exercise for adults with fibromyalgia. Flexibility exercise training is a type of exercise that focuses on improving or maintaining the amount of motion available in muscles and joint structures by holding or stretching the body in specific positions.

[Smoking cessation intervention for reducing disease activity in chronic autoimmune inflammatory joint diseases](#) The objective of this review was to investigate the evidence for effects of smoking cessation interventions on smoking cessation and disease activity in smokers with IJD.

[Altering the availability or proximity of food, alcohol, and tobacco products to change their selection and consumption](#) The current evidence suggests that changing the number of available food options or altering the positioning of foods could contribute to meaningful changes in behaviour, justifying policy actions to promote such changes within food environments.

### **Reports**

[Smoking, Drinking and Drug Use among Young People in England 2018](#) This report contains results from a biennial survey of secondary school pupils in England in years 7 to 11 (mostly aged 11 to 15), focusing on smoking, drinking and drug use.

[Ignoring the Alarms follow-up: Too many avoidable deaths from eating disorders](#). Public Administration and Constitutional Affairs Committee's (PACAC) 17th report of session 2017 to 2019.