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Library & Information Service





COVID-19

If you're worried about your mental health during the coronavirus outbreak The coronavirus outbreak is affecting the way many of us live our lives, and it's normal that this will affect people's mental health. The Samaritans have gathered some resources that might be helpful.

What next? Advice for young people whose routines have now been broken during the current virus situation.

Resources to Support Mental Health and Coping with the Coronavirus The Suicide Prevention Resource Center (SPRC) has compiled a selection of web pages and information sheets on mental health and coping with the effects of COVID-19.

Systematic Reviews

Association between suicide reporting in the media and suicide: systematic review and meta-analysis Reporting of deaths of celebrities by suicide appears to have made a meaningful impact on total suicides in the general population. The effect was larger for increases by the same method as used by the celebrity.

Association of suicidal behavior with exposure to suicide and suicide attempt: A systematic review and multilevel meta-analysis. The findings of this systematic review and meta-analysis indicate that prior exposure to suicide and prior exposure to suicide attempt in the general population are associated with increased odds of subsequent suicidal behaviour, but these exposures do not incur uniform risk across the full range of suicide-related outcomes.

Study

Media reporting of suicide loss: learning from family and friends who have been bereaved by suicide Blog post on a recent qualitative study which looks at the experiences of people bereaved by suicide regarding media reporting of the death.

Google Searches and Suicide Rates in Spain, 2004-2013: Correlation Study This study suggests that better understanding of internet search behaviour of both men and women in relation to suicide and related topics may help design effective suicide prevention programs based on information provided by search robots and other big data sources.

Guidance

How do you know that your council is providing effective suicide prevention?

Statistics

Quarterly suicide death registrations in England: 2001 to 2018 registrations and Quarter 1 (Jan to Mar) to Quarter 4 (Oct to Dec) 2019 provisional data Office for National Statistics have released the latest suicide death registration data.

Dataset