

Suicide Prevention

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Service



COVID-19

[Suicide prevention and changing mental health services](#) This webinar discussed the challenges mental health services are facing during the COVID-19 pandemic, particularly how to manage the mental health of healthcare workers and suicide prevention in Black, Asian and Minority Ethnic (BAME) groups.

Studies

[Suicide by female nurses: a brief report](#) This was a brief study, requested by NHS England, aimed to establish preliminary data about women who died by suicide while employed as nurses during a six-year period (2011-2016).

[Early Post-Discharge Suicide in Mental Health Patients: Findings from a National Clinical Survey](#) This study provides practical information for post-discharge management and safety planning. Clinicians should be aware of (1) the increased risk of immediate suicide in the post-discharge period by people with a diagnosis of personality disorder, (2) immediate suicide risk in patients who initiate their own discharge, and (3) the increased risk of death by jumping from a height or in front of the vehicle in the immediate post-discharge period.

[Examining the Self-Harm and Suicide Contagion Effects of the Blue Whale Challenge on YouTube and Twitter: Qualitative Study](#) This analysis of social media content about the blue whale challenge finds that posts might have the problematic effect of normalising the challenge through repeated exposure, modelling, and reinforcement of self-harming and suicidal behaviours, especially among vulnerable populations such as adolescents.

Report

[Self-harm increases among female prisoners in England during pandemic](#) This report highlights some of the particular challenges of running women's establishments safely during this period of restrictions.