

# Dementia

## **COVID-19**

[Lockdown's side effect: mental health deterioration of people affected by dementia, with third 'giving up'](#) A survey from Alzheimer's Society of around 2,000 people affected by dementia, the largest of its kind, reveals the devastating impact coronavirus has had on their mental health, with a third living with dementia (32%) reporting apathy or a sense of 'giving up'.

[An open letter to the Government - allow family carers key worker status](#)

Speaking with #OneDementiaVoice, dementia organisations across the country are calling on the Government to avert hidden catastrophe by giving family carers key worker status when visiting care homes.

[Evolution and impact of COVID-19 outbreaks in care homes: population analysis in 189 care homes in one geographic region](#) Coronavirus outbreaks are up to 20 times more likely in large care homes prompting calls to divide them into "bubbles" before any second wave hits. NHS Lothian and Edinburgh University found the likelihood of infection getting into a home tripled with every additional 20 beds.

[Coronavirus \(COVID-19\) testing in care homes: statistics to 8 July 2020](#) Latest figures on coronavirus testing for social care staff, their household members and residents of care homes.

[Dementia is the most common underlying condition in people dying from COVID-19 in Scotland](#) Dementia is the most common underlying condition in people dying from COVID-19 in Scotland, [new figures have revealed](#). The National Records of Scotland showed that of all deaths involving COVID-19 between March and June 2020, 92% had at least one pre-existing condition. The most common main pre-existing condition was dementia and Alzheimer's disease (31%).

## **Study**

[Evidence-based prevention of Alzheimer's disease: systematic review and meta-analysis of 243 observational prospective studies and 153 randomised controlled trials](#) Scientists led by a team in China have identified 10 risk factors for Alzheimer's disease. The 10 factors are diabetes, poor BMI, reduced education, high blood pressure in midlife, low blood pressure, head trauma, high levels of homocysteine, less cognitive activity, stress, and depression.

## **Clinical Answer**

[For cognitively healthy older adults, do aspirin and non-steroidal anti-inflammatory drugs \(NSAIDs\) help prevent dementia?](#) For cognitively healthy older adults, high-certainty evidence shows that aspirin 100 mg daily results in little to no difference in the incidence of dementia and in activities of daily living while slightly increasing mortality (and risk of major bleeding).

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## Webinars

[The Alzheimer's Show Digital Hub](#) Advice & Support webinars for the dementia community. Upcoming webinars include: How to Stay at Home with the Right Dementia Care and Legal considerations when diagnosed with Dementia.

## Films

[Two wonderful hints & tips films from PACE Young Dementia UK](#) Hints & tips from people living with young onset dementia about keeping well in tough times.

## News

[Before I Forget, the narrative game exploring dementia launches with Alzheimer's Research UK](#) Before I Forget is a short narrative game about dementia, using gameplay and atmosphere to portray a confusing world where memories elude you. 3-Fold Games will be teaming up with Alzheimer's Research UK, the UK's leading dementia research charity, to raise awareness of dementia during World Alzheimer's Month this September.

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