Finding Trusted Health Information Resources List

1. **Downloadable resources**
   - *A practical guide for searching the NHS website (formerly known as NHS Choices):* kfh.libraryservices.nhs.uk/wp-content/uploads/2018/12/NHSuk-guide-for-LKS-Nov-2018.pdf
   - *Finding good quality health information on the internet:* kfh.libraryservices.nhs.uk/wp-content/uploads/2016/03/Health-information-on-the-internet.pdf
   - *Health information online – who can you trust?* kfh.libraryservices.nhs.uk/wp-content/uploads/2016/03/Health-information-online-booklet-version.pdf
   - *Factsheet: Health information you can trust:* sarcoma.org.uk/factsheet-health-information-you-can-trust

2. **Useful website links**
   - Independent Age: independentage.org/information/health/living-long-term-health-conditions/how-to-find-reliable-health-information
   - Understanding Health Research: understandinghealthresearch.org
   - Behind the Headlines: nhs.uk/news. Analysing health stories in the news to see how much truth there is behind them.
   - Fact Check: factcheck.org/2016/11/how-to-spot-fake-news.
   - Tommy's, Explaining evidence-based health information to members of the public animation: youtube.com/watch?v=ohxlQBjgcr0

3. **Coronavirus-specific**
   - Coronavirus Information Service on WhatsApp: gov.uk/government/news/government-launches-coronavirus-information-service-on-whatsapp. Information on how to sign up to the GOV.UK Coronavirus Information Service.