



## General Information Resources List

### 1. General Information (websites)

- The NHS website: [nhs.uk](https://www.nhs.uk)
- Charity Choice: [www.charitychoice.co.uk/charities/health](https://www.charitychoice.co.uk/charities/health)
- NHS England Publications: [healthpublications.gov.uk/Home.html](https://healthpublications.gov.uk/Home.html)
- Patient Info: [patient.info](https://patient.info)
- Reading Well: [reading-well.org.uk](https://reading-well.org.uk)
- Every Mind Matters: [nhs.uk/oneyou/every-mind-matters](https://nhs.uk/oneyou/every-mind-matters)
- Public Health England:  
[www.gov.uk/government/organisations/public-health-england](https://www.gov.uk/government/organisations/public-health-england)

### 2. Practical Guides

- A practical guide for searching the NHS website (formerly known as NHS Choices): [kfh.libraryservices.nhs.uk/wp-content/uploads/2018/12/NHSuk-guide-for-LKS-Nov-2018.pdf](https://kfh.libraryservices.nhs.uk/wp-content/uploads/2018/12/NHSuk-guide-for-LKS-Nov-2018.pdf)
- Finding good quality health information on the internet: [kfh.libraryservices.nhs.uk/wp-content/uploads/2016/03/Health-information-on-the-internet.pdf](https://kfh.libraryservices.nhs.uk/wp-content/uploads/2016/03/Health-information-on-the-internet.pdf)
- Health information online – who can you trust? [kfh.libraryservices.nhs.uk/wp-content/uploads/2016/03/Health-information-online-booklet-version.pdf](https://kfh.libraryservices.nhs.uk/wp-content/uploads/2016/03/Health-information-online-booklet-version.pdf)

### 3. National Guidelines

- The National Institute for Health and Care Excellence (NICE) issues guidelines outlining which services and treatments are recommended nationally: [nice.org.uk/guidance](https://www.nice.org.uk/guidance)