NHS
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Studies

[The role of paramedics in suicide prevention: links between sleep, suicidal thoughts and suicide attempts](#) This post provides a summary of a recent cohort study on self-reported sleep disturbance in ambulance attendances for suicidal ideation and attempted suicide, which suggests a possible role for paramedics in suicide prevention.

[Ambulance staff who respond to suicides need more support](#) UK ambulance staff report lasting and troubling memories of being called to suicides but in a small qualitative study, they said there was little acknowledgment in the workplace that such events are traumatic. This is important since someone exposed to suicide is known to be themselves at greater risk of suicide. Each worker interviewed had lost a colleague to suicide at least once and often multiple times.

[Testing Suicide Risk Prediction Algorithms Using Phone Measurements With Patients in Acute Mental Health Settings: Feasibility Study](#) This study aimed to apply machine learning in an acute mental health setting for suicide risk prediction using a nascent approach, adding to existing knowledge by using data collected through a smartphone in place of clinical data, which have typically been collected from health care records. The findings suggest that this model reveals fair concordance between phone-derived and research-generated clinical data, and with iterative development, it has the potential for accurate discriminant risk prediction, although other clinical and ethical issues would need to be considered.

[Older people who self-harm: the added complication of comorbidities](#) This post discusses a qualitative study that explored access to care for older adults who self-harm. The blog contains recommendations for primary care professionals and policymakers.

Papers

[Services for self-harm: progress and promise?](#) This editorial considers whether the quality of care for people who present to clinical services in the UK following self-harm has improved or stagnated. The paper discusses the positive inroads that have been made as well as the need for further improvement to enhance people's experience of services and improve access to high-quality assessment and aftercare.

[Lay people intervening and preventing suicide in a public place: how is it done and is it effective?](#) This post from the Mental Elf explores a qualitative paper. which gives accounts from both survivors and interveners of a suicide attempt in a public place.

Systematic Review

[GP management of self-harm: low confidence and need for further training](#) This post provides a summary of a recent systematic review exploring the attitudes, knowledge and behaviours of GPs in managing self-harm in primary care.

Suicide Prevention

Jul 2020

Library & Information Service

Webinar

[Applying Zero Suicide in Pediatric Care Settings](#) The US-based Suicide Prevention Resource Centre is hosting a [webinar](#) on applying Zero Suicide in paediatric care settings on Tuesday, July 14, 2020 8:00:00 PM BST - 9:30:00 PM BST.

Report

[A review of Psychiatric Emergency Plans in Scotland in follow up to the Mental Welfare Commission's Place of Safety Reports 2016 and 2018](#) This new report includes a summary of how Psychiatric Emergency Plans from every health board in Scotland matched against key themes and has been issued to all health boards across Scotland, along with a new template outlining what the Commission believes it would be helpful to include in all PEPs.

Resource

[Tools to Select, Implement, and Adapt Gatekeeper Trainings](#) US-based Suicide Prevention Resource Centre has released a new tool and an updated tool that can be used together to help select, adapt, and implement gatekeeper trainings provided online or in person. The new tool, Selecting and Implementing a Gatekeeper Training, includes questions and lists of factors to consider in selecting, implementing, evaluating, and sustaining gatekeeper trainings. The updated version of Guidance for Culturally Adapting Gatekeeper Trainings offers questions to consider in adapting gatekeeper trainings to improve their use, effectiveness, and ownership by the community.