



## **Key COVID-19 Resources**

These resources are regularly updated

[Government Guidance](#) Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

[NICE Guidance](#) Advice and guidance from the National Institute for Health and Care Excellence.

## **Other COVID-19 Resources**

[Health and care workers to self-isolate on return to UK from high-risk countries](#)

Registered health and care professionals travelling to the UK from high-risk countries will be required to self-isolate for 14 days, the government has confirmed.

[Roll-out of 2 new rapid coronavirus tests ahead of winter](#) Millions of new rapid coronavirus tests will be rolled out across NHS hospitals, care homes and labs from next week.

[Reporting outbreaks of coronavirus \(COVID-19\)](#) Guidance for businesses and organisations on how to recognise, contain and report incidents of coronavirus (COVID-19).

[Visiting care homes during coronavirus](#) Guidance for making arrangements for limited visits for care homes with the support of their director of public health.

[NHS recovery to put staff wellbeing at its heart](#) The Health Secretary welcomes the launch of the new NHS People Plan as he launches a new bureaucracy-busting drive so staff can spend less time on paperwork and more time with patients.

[New obesity strategy unveiled as country urged to lose weight to beat coronavirus \(COVID-19\) and protect the NHS](#) New package of measures and 'Better Health' campaign announced to help people lose weight. [Policy paper](#)

[The experience of people approaching later life in lockdown: the impact of COVID-19 on 50-70-year olds in England](#) This report takes a look at the effects of the COVID-19 pandemic on the lives of those aged 50-70 in England.

[The NHS after COVID-19: the views of provider trust chief executives](#) This report is based on interviews with 13 provider trust chief executives in which they discuss the changes they have made to respond to COVID-19, as well as how best to restart and deliver services as we move into the next phase of the pandemic.

[Life on hold: children's Wellbeing and COVID-19](#) Report from The Children's Society looks at the impact of Coronavirus and the associated lockdown on young lives.

[Low income workers at greater risk of unemployment and mounting ill-health as furlough scheme unwinds](#) The poorest 40% were already twice as likely to report poor health than the richest 20% before the COVID-19 pandemic. The independent charity warns that the long-term economic impact now risks compounding existing health inequalities.



[The road to renewal: five priorities for health and care](#) The King's Fund has published a new report identifying priorities for the renewal of the health and social care system after the first peak of COVID-19.

## **Guidance**

[Multi-agency statutory guidance on female genital mutilation](#) Multi-agency guidelines on FGM for those with statutory duties to safeguard children and vulnerable adults.

[A guide to running alcohol public health campaigns in your community. Alcohol Awareness Week and Dry January](#) This handbook aims to provide ideas on how to organise a successful alcohol public health campaign in a local area – in particular, Alcohol Awareness Week and Dry January. The shape the campaign takes in the end will depend on what local people want it to be.

[Local action on health inequalities: evidence papers](#) (Updated 29 July) This research shows the evidence supporting action to reduce health inequalities.

[Diabetic eye screening: identifying differences in grading outcomes](#) (Updated 28 July) Quality assurance method used to compare grading outcomes between local diabetic eye screening providers.

[New guidance on digital adaptations to supervision and observations](#) The British Psychological Society has published new guidance on providing good-quality supervision for trainees and qualified staff digitally.

[BPS provides guidance on outdoor talking therapies](#) The British Psychological Society (BPS) has published guidance to promote safety and effectiveness in outdoor sessions.

## **Cochrane Reviews**

[Education of family members to support weaning to solids and nutrition in later infancy in term-born infants](#) This review found that giving nutrition education about appropriate feeding practices during weaning to families in low- to moderate-income settings may improve weight and height at 12 months of age.

[Interventions commonly available during pandemics for heavy menstrual bleeding: an overview of Cochrane Reviews](#) Antifibrinolytics and combined hormonal contraceptives are probably effective in reducing heavy menstrual bleeding when compared to placebo. NSAIDs may be effective in reducing heavy menstrual bleeding when compared to placebo. There was poor reporting of secondary outcomes, including quality of life, and the women's satisfaction with treatment.

## **Evidence**

[Remsima \(infliximab biosimilar\) for subcutaneous injection for managing rheumatoid arthritis](#) This evidence summary provides information on Remsima for subcutaneous injection, a biosimilar monoclonal antibody of infliximab that inhibits the activity of tumour necrosis factor (TNF)-alpha.



## News

### [Most comprehensive flu programme in UK history will be rolled out this winter](#)

Providers will work to vaccinate more than 30 million people during this flu season – millions more than received it last year.

[Tips for adults receiving therapy via video](#) The British Psychological Society has published a new document for adults receiving therapy using video technology.

## Quality Standard

[Renal and ureteric stones](#) This quality standard covers assessing and managing renal and ureteric stones in children, young people and adults. It describes high-quality care in priority areas for improvement.

## Research

[Most people caring for relatives with dementia experience loneliness](#) Around two-thirds of family carers of people with dementia experience loneliness. Almost half are moderately lonely and a fifth are severely lonely, reports one of the first large scale studies to look at this issue.

[Loneliness in people with dementia is linked to social isolation and depression](#) One-third of people with mild-to-moderate dementia experience loneliness. 30% are moderately lonely and 5% are severely lonely, reports one of the first major studies to look at the issue. These figures are comparable to the general population of older people.

## Briefings

[Summary Briefing: Findings from the Mental Health Fellowships](#) This briefing from the Mental Health Foundation condenses the findings from four themed briefing papers addressing:

- trauma and adversity
- creativity and innovation
- growing up and growing old
- equality and diversity.

[A spatial approach to working with marginalised communities](#) Ambition for Ageing has produced a new briefing and practical workbook on working with older marginalised communities. The practical workbook provides a step-by-step guide on using this model at a neighbourhood level to identify and support older marginalised communities.

[Prontosan for acute and chronic wounds](#) NICE has developed a medtech innovation briefing (MIB) on Prontosan for acute and chronic wounds.

# Community Health



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## Statistics

[Psychological Therapies, Annual report on the use of IAPT services 2019-20](#) This statistical release is the annual report on the Improving Access to Psychological Therapies (IAPT) programme from 1st April 2019 to 31st March 2020.

## Podcasts

[Supporting people with sight loss](#) RNIB has produced a podcast series for people living with sight loss and complex needs and for people who are supporting someone living with sight loss and complex needs.

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