



Key COVID-19 Resources

These resources are regularly updated

[Government Guidance](#) Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

[NICE Guidance](#) Advice and guidance from the National Institute for Health and Care Excellence.

Other COVID-19 Resources

[Coronavirus \(COVID-19\): how to self-isolate when you travel to the UK](#) Sets out how to self-isolate when you arrive in the UK. You will not be allowed to leave the place you're staying for the first 14 days you're in the UK.

[NHS Reset: Mental health services and COVID-19: preparing for the rising tide](#) This report from the NHS Reset campaign considers what mental health services need to prepare for the expected surge in demand. It also highlights how the health and care system can 'reset' the way care and support are planned and delivered in aftermath of COVID-19.

[Antibody tests for identification of current and past infection with SARS-CoV-2](#) Antibody tests are likely to have a useful role for detecting previous SARS-CoV-2 infection if used 15 or more days after the onset of symptoms. However, the duration of antibody rises is currently unknown, and we found very little data beyond 35 days post-symptom onset. We are therefore uncertain about the utility of these tests for seroprevalence surveys for public health management purposes.

[General practice post-Covid](#) The recent report - [General Practice in the post-Covid world \(295 KB PDF\)](#) - has highlighted emerging evidence that suggests that patients who have recovered from the virus have experienced a range of health problems, including chronic fatigue, ongoing respiratory difficulties and mental health problems.

[COVID-19 rapid guideline: children and young people who are immunocompromised](#) Updated guidance to maximise the safety of children and young people who are immunocompromised during the COVID-19 pandemic. It also aims to protect staff from infection and enable services to make the best use of NHS resources.

[New BPS guidance on giving remote therapy to new parents](#) Due to COVID-19, working remotely to provide therapy for parents, care-givers and their infants during pregnancy and postpartum has become essential. This new guidance addresses the practical and clinical challenges of working remotely with parents during and after pregnancy.

[Standing up to the test: Learning lessons for the next phase of the national COVID-19 testing strategy](#) This report aims to show the size of the task ahead to build a national test and trace service that will be fit for purpose for this coming winter.

[Babies in Lockdown](#) This report from Best Beginnings, together with Home-Start UK and the Parent-Infant Foundation, reveals the disproportionate impact of COVID-19 and subsequent measures on those pregnant, giving birth or at home with a baby or toddler.



Guidance

[E-sexual and reproductive healthcare: national framework](#) Details on how e-sexual and reproductive services can complement specialist, clinic-based facilities in local area, providing other methods of accessing healthcare.

[Updated: NHS population screening: data guidance and templates](#) Guidance for local providers that submit key performance indicator (KPI) and other data for the NHS screening programmes.

[Implanted vagus nerve stimulation for treatment-resistant depression](#) Evidence-based recommendations for implanting an electrical stimulator under the skin of the chest and connecting it by wires to the vagus nerve.

[A new guide to help young people understand voices, visions and distressing beliefs](#) The guide explains in accessible language why some people hear voices when there is no one there, feel suspicious of others, or believe things that others find unusual.

Report

[Digital Health Generation report](#) The final report of the Wellcome Trust's Digital Health Generation project has now been published. It includes new insights on young people's use of digital health technologies promoting 'healthy lifestyles' and involved research with more than 1,000 young people and families over two years.

News

[Chemo doorstep drops help to keep cancer patients safe](#) Up to 10,000 chemo home deliveries were made over three months at the peak of the outbreak, avoiding the need for patients to venture out and risk infection when their immune system was low.

[Steroid Emergency Card to support early recognition and treatment of adrenal crisis in adults](#) A joint National Patient Safety Alert has been issued by NHS Improvement and NHS England national patient safety team, Royal College of General Practitioners, Royal College of Physicians and Society for Endocrinology, regarding the introduction of a new Steroid Emergency Card to support the early recognition and treatment of adrenal crisis in adults.

[Trends in the quality of primary and community care](#) The Nuffield Trust has published updated indicators for primary and community care, as well as those looking at rates of emergency admissions for conditions that can be better managed in primary care.

[Rise in fake benzodiazepines in the UK may put people at risk of serious harm](#) In the UK, there's been a [concerning rise](#) in the use of counterfeit benzodiazepines, among young people and those are already dependent on drugs. Public Health England has even issued a [rare warning](#).