

## HEE NEY COVID-19 - Bulletin No 21 – 30 July

This update covers education and training actions

HEE NEY's COVID19 response is being co-ordinated by **Professor Namita Kumar**.

COVID 19 HEE NEY Websites:

<https://madeinheene.hee.nhs.uk/PG-Dean/COVID-19-HEE-NE-Information>

<https://yorksandhumberdeanery.nhs.uk/covid-19-hee-yh-information>

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### EDUCATION RESOURCES

[Covid 19 NEY Guide to Available Training](#) regional and national (**Collated Resources**)

[Multi-professional Health and Wellbeing Resources](#). (**Collated Resources**)

The programme entitled 'Resources for Nurses, Midwives and AHPs Returning to work, being Redeployed or Up-Skilled' has a [dedicated link](#) The Covid-19 programme is free to access for the UK health and care workforce, without the need to register. However, if staff wish to record their learning activity then log in or register [here](#). If you have questions, contact [Agnes.Hibbert@hee.nhs.uk](mailto:Agnes.Hibbert@hee.nhs.uk).

For wider updates on how HEE is supporting nursing and midwifery around the Covid-19 pandemic, visit [www.hee.nhs.uk/coronavirus-covid-19/coronavirus-covid-19-information-nurses-midwives](http://www.hee.nhs.uk/coronavirus-covid-19/coronavirus-covid-19-information-nurses-midwives).

### Delirium – More Resources Added to the Made in HENE Site

Covid specific Delirium resources can be [found here](#).

There is also a range of resources to help with awareness and management of delirium. These are [available here](#) (**New resources added**)

### LATEST GUIDANCE AND STANDARDS

**Resources for Shielding** Healthcare Workers and SupportTT for Shielding Trainees is [available here](#). (**New**)

**Workforce Cell** Briefing Note No 19 – July 2020 is [available here](#) (**New**)

**NICE** guidance regarding **pre-admission isolation** requirements is available [here](#). (**New**)

**Hand Sanitiser Update.** NHS Property Services have now confirmed that **hand sanitisers left in cars Do Not pose a fire risk**. The National Fire Chiefs Council have issued a response [here](#). (**New**)

**JRCPTB ARCP decision Aid** (Revised) is [available here](#) (**New**)

**ARCP** outcomes for trainees completing **CMT ACCS\_AM BBT 2020 Revised** is [available here](#) (**New**)

## North East and Cumbria (specific updates)

Trainee Executive Forum homepage available [here](#).

Newcastle University have published their latest Physician Associate Studies Newsletter (May20) and this can [be found here](#).

### **Supervision Resources**

If you are new to supervision or returning to a supervision or educational role as a response to COVID-19 we hope you find the materials on our Learner Support and Faculty Development pages useful.

Resources Available here.

The North East and Cumbria have developed a briefing ([check in available here](#))/debriefing ([check out available here](#)) resource for leaders during the pandemic.

### **HEENE COVID 19 Support Service for Returning and training Doctors and Dentists**

In response to the unprecedented challenges in the NHS due to the COVID 19 epidemic, Health Education England North East and North Cumbria are adapting the Trainee Support Service arrangements on a temporary basis for the next 6 months from April 2020. Detail, [links and support offer can be found here](#).

### **Article requests from the Walton Library at Newcastle University**

The resources for staff who would normally use Newcastle University library – the Library are providing electronic journals only to any member of NHS staff - request access via email at: [nhsill@ncl.ac.uk](mailto:nhsill@ncl.ac.uk)  
For more information and to access the journal search, go to: <https://libguides.ncl.ac.uk/nhs/services>

## Yorkshire and Humber (specific updates)

### **Wellbeing support for trainees**

The following 60-minute zoom sessions provide tools to help during these unprecedented times.

- **Peer Support** - We recognise the enormous value of speaking to others who can relate to what you are experiencing. To access this please contact [peersupport.yh@hee.nhs.uk](mailto:peersupport.yh@hee.nhs.uk) stating clearly that you wish to access peer support.
- **If you wish to train as a peer supporter** please contact [peersupport.yh@hee.nhs.uk](mailto:peersupport.yh@hee.nhs.uk) stating you wish to join a training session (60 mins, delivered via zoom).
- **Tools for Tough Times** – attendees will leave this session equipped with essential skills and knowledge which will benefit you in your personal and professional lives.
- **My Menu of Self Care** – this session will allow exploration of what contributes to wellbeing and provides the opportunity to think practically about how to keep well during challenging times.
- **Mindfulness** – an evidence-based session on an intervention proven to help in the management of stress.

Full details on how to register and future dates go to the '**wellbeing support for trainees**' section on our website: <https://www.yorksandhumberdeanery.nhs.uk/covid-19-hee-yh-information>

### **Volunteers and Returning to Practice**

N East and N Cumbria - for health workers returning to practice or anyone willing to volunteer, please **use our Online Form available here.**

Yorkshire and Humber Volunteers, please email us: [PostgraduateDeansOffice.yh@hee.nhs.uk](mailto:PostgraduateDeansOffice.yh@hee.nhs.uk)  
(please include name, clinical role, previous grade, preferred area of work, preferred trust/area)

For overarching concerns use [Quality.NE@hee.nhs](mailto:Quality.NE@hee.nhs) For specific issues please contact:

Yorkshire and Humber [PostgraduateDeansOffice.yh@hee.nhs.uk](mailto:PostgraduateDeansOffice.yh@hee.nhs.uk)

North East and Cumbria [Quality.NE@hee.nhs.uk](mailto:Quality.NE@hee.nhs.uk)

This document has been shared with the following groups - feel free to tweet or share further

DME's, Medical Directors, Education Managers, Multi-professional trust contacts, HEE NEY Dean's Management Teams and Exec Meetings for Quality, All HEE NEY staff, NE LET staff, Heads of School, TPDs, GP TPDs, HEI's including Medical Schools, QSG network and COVID command group, lay and patient representatives, North Clinical Teams, Skills for Health, ICS and all trainees. **Request to Education Centre Managers** – please cascade this to all consultants and SAS doctors. Bulletin also added to the HEE NE COVID site

### Useful on-line resources

#### **HOW TO ACCESS VOLUNTEERS**

Organisations can request to be matched to volunteers (GoodSAM initiative)

The link is here <https://www.goodsamapp.org/NHSreferral>

#### **SOCIAL CARE EDUCATIONAL RESOURCES**

HEE e-LfH) has recently added **health and care staff in Care Home settings** to its e-learning programme Resources for health and care staff in Care Home settings

#### **BAME RISK ASSESSMENT**

**BAME staff Risk Assessment** published by NHS Employers

<https://www.nhsemployers.org/covid19/health-safety-and-wellbeing/risk-assessments-for-staff>

**NHS England:** <https://www.england.nhs.uk/blog/note-for-all-bame-colleagues-working-in-the-nhs/>

#### **Resources for Acute Care Cross Training**

<https://icmanaesthesiacovid-19.org/cross-skill-training-for-pandemic-covid-19>

#### **Top Tips for Telephone Triage & Video Consulting**

Webinar: Returning GPs and other Primary Care staff can register via [www.nbmedical.com](http://www.nbmedical.com).

How to establish a remote total triage model in GP using online consultations [available here](#)

Supporting resources via elfh [available here](#)

Guidance document developed by the Institute of Psychiatry, Psychology and Neuroscience at the King's College London for leaders and managers to address psychological concerns is [available here](#)

**Coventry University** has developed an open access simulation education repository site (developed by Dr Natasha Taylor), which may be useful to practice staff: <http://covunism.coventry.domains/simshare/>

#### **COVID 19 update**

HEE e-learning for Health have various resources:

[Programme Home page.](#)

[Clinical resources](#)

[Courses relating to the prevention and treatment relating to the Coronavirus pandemic.](#)

#### **Coronavirus (COVID-19) Awareness course (free of charge)**

The course covers, symptoms, infection prevention, investigation guidance and support.

<https://www.skillsforhealth.org.uk/covid-19-course>

#### **Delirium Resources**

We have pulled together several resources to assist with managing delirium and patients with COVID-19. [This can be found here.](#) The link to the [Delirium homepage is here.](#)

A recent Lancet article (Psychiatric presentations associated with COVID) is [available here.](#)

**NHS Statutory and Mandatory Training** – for all staff, returners and users

<https://portal.e-lfh.org.uk/Register> - registration required to create a record to prove compliance and can be accessed with any type of email account.

#### **Returning GPs**

If you are a returning GP and need refresher clinical training, email [EducationSupport.NE@hee.nhs.uk](mailto:EducationSupport.NE@hee.nhs.uk) [www.nbmedical.com](http://www.nbmedical.com) **has training available for those** who register via us. **Educational guidance** for doctors returning (or joining) the primary care workforce can be found here.

### Website Links and Guidance

**HEE's national update page:**

<https://www.hee.nhs.uk/coronavirus-information-trainees>

**National School of Healthcare Science**

<https://nshcs.hee.nhs.uk/>

**The Lancet – COVID 19 Resource Centre - Clinical Information open access**

<https://www.thelancet.com/coronavirus>

**BMJ Resources**

[BMJ Guidance on how to manage a remote consultation](#) and [BMJ COVID 19 best practice guidance](#)

**UK Government**

<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

**Current Gov/PH England**

Advice on clinical staff self-isolation can be [found here](#).

**Indemnity**

[Joint letter from the Department for Health and Social Care, NHS Resolution, and NHS England and NHS Improvement: clinical negligence indemnity in response to Coronavirus.](#)

**General Medical Council**

<https://www.gmc-uk.org/news/news-archive/guidance-regarding-medical-education-and-training-supporting-the-covid-19-response>

<https://www.gmc-uk.org/news/news-archive/coronavirus-information-and-advice>

**General Dental Council**

<https://www.gdc-uk.org/information-standards-guidance/covid-19-latest-guidance>

**Health and Care Professions Council**

<https://www.hcpc-uk.org/registrants/updates/2020/how-we-will-continue-to-regulate-in-light-of-novel-coronavirus/>

**Less Than Full Time Guidance available**

<https://madeinheene.hee.nhs.uk/Portals/0/24032020%20HEE%20Statement%20Less%20Than%20Full%20Time%20Training%20circulation%20%281%29.pdf>

**NECS has recently published '10 THINGS TO KNOW ABOUT COVID-19 RESEARCH & EVIDENCE'**

<https://www.necsu.nhs.uk/wp-content/uploads/2020/04/2020-04-RandETeam-Bulletin-COVID-19.pdf>

**NICE guidance** (updated regularly)

<https://www.nice.org.uk/covid-19>, <https://www.nice.org.uk/guidance/ng159>

**NHS Employers**

<https://www.nhsemployers.org/>

Associated link – ESR New Values added relating to COVID19

<http://www.discover.esr.nhs.uk/publications/71-un2886-new-values-added-to-the-recruitment-source-list-of-values/file>

**Nursing and Midwifery Council**

<https://www.nmc.org.uk/news/news-and-updates/how-we-will-continue-to-regulate-in-light-of-novel-coronavirus/>

### **PPE demonstrations (with and without aerosol) (Calderdale and Huddersfield NHS FT)**

With aerosol: <https://youtu.be/KMMDi56KMal> \_ Without aerosol: <https://youtu.be/vP7EeEIK3hk>

### **RCGP links**

<https://www.rcgp.org.uk/policy/rcgp-policy-areas/covid-19-coronavirus.aspx>

<https://elearning.rcgp.org.uk/course/view.php?id=373>

**Resources from Royal Colleges and other professional bodies** is updated here:

### **Simulation**

<https://stel.bmj.com/content/early/2020/03/11/bmjstel-2020-000609/>

### **World Health Organisation**

COVID-19 Online training and simulation

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/training/>

<https://openwho.org/courses/>