# Suicide Prevention

Aug 2020a

Library & Information Service

Lancashire & South Cumbria NHS Foundation Trust

## Studies

Contacts with primary and secondary healthcare prior to suicide: case–control whole-population-based study using person-level linked routine data in Wales, UK, 2000–2017 This study examined people who died by suicide's contacts with health care utilising information from electronic health records in Wales. The study found that help-seeking occurs in those at risk of suicide and escalates in the weeks before their death. There is an opportunity to identify and intervene through these contacts.

Psychosocial assessment, self-harm repetition and the role of the assessor Review of a cohort study comparing risk of repeat self-harm after psychosocial assessment, which suggests that psychosocial assessments can reduce re-attendance by 30% within a 12-month timeframe.

The Association Between App-Administered Depression Assessments and Suicidal Ideation in User Comments: Retrospective Observational Study Apps that diagnose depression by self-assessment without context or other supportive features are more likely to be used by those under 18 years of age and more likely to be associated with increased user distress and potential harm. Depression self-assessments in apps should be implemented with caution and accompanied by evidence-based capabilities that establish proper context, increase self-empowerment, and encourage users to seek clinical diagnostics and outside help.

## Surveys

Probable suicide deaths by mental health patients during COVID-19 The National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH) is re-establishing suicide data collection via reporting of an anonymised minimum dataset. This is designed to collect real-time data on patient suicide deaths during the COVID-19 pandemic.

Language matters: how should we talk about suicide? Summary of a recent online survey which explored views on the language we should use to discuss suicide. The study concludes that the most acceptable phrases are currently: "attempted suicide", "took their own life", "died by suicide" and "ended their life".

## Guidance

Samaritans launch new Media Guidelines Samaritans launches a new edition of its Media Guidelines featuring new advice and resources on how to report suicide and self-harm safely.



Used with kind permission from Mersey Care NHS Foundation