Key COVID-19 Resources

These resources are regularly updated

<u>Government Guidance</u> Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

<u>NICE Guidance</u> Advice and guidance from the National Institute for Health and Care Excellence.

Other COVID-19 resources

<u>UPDATED: PPE portal: how to order emergency personal protective equipment</u> Healthcare providers can order additional personal protective equipment (PPE) through the portal to top up their existing supplies for COVID-19 in an emergency.

<u>New voluntary calorie guidelines to help industry tackle obesity</u> The government is encouraging the food industry to support the national effort against COVID-19 and obesity, with <u>voluntary calorie reduction guidelines</u> to make it easier for the nation to choose healthier options in everyday meals and foods.

<u>New data highlights GPs' significant role in tackling COVID-19 throughout pandemic</u> General practice has been open throughout the pandemic with GPs and teams continuing to deliver the vast majority of NHS patient care to patients with both COVID and non-COVID conditions.

<u>COVID-19 rapid guideline: dialysis service delivery</u> The purpose of this updated guideline is to maximise the safety of patients on dialysis, while protecting staff from infection. It will also enable dialysis services to make the best use of NHS resources and match the capacity of dialysis services to patient needs.

Public confidence in using NHS returning but concerns persist among groups worst affected by COVID-19 The Health Foundation releases new polling data with Ipsos MORI looking at the public's attitudes on health and social care following COVID-19.

What effect will the return to schools and universities have on infection outbreaks this autumn? With many of the symptoms of other acute respiratory infections being similar to Covid-19, efficient testing, tracking and tracing will be critical for minimising unnecessary disruption in schools and homes.

<u>Better support may help people with COVID-19 symptoms to self-isolate</u> A new study led by King's College London researchers has shown that during the UK lockdown period, people who received support from outside their home were more likely to adhere to self-isolation when there were symptoms of cough or fever within their household.

<u>Psychologists release advice for employers to support staff who have been shielding</u> As workers gradually begin to return to offices across the country, the British Psychological Society has released new guidance for employers about supporting those who have been shielding.

<u>Sep 2020a</u>

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Supporting Health and Wellbeing



Cochrane Review

Education and training for preventing and minimizing workplace aggression directed toward healthcare workers Workplace aggression constitutes a serious issue for healthcare workers and organizations. Aggression is tied to physical and mental health issues at an individual level, as well as to absenteeism, decreased productivity or quality of work, and high employee turnover rates at an organizational level.

<u>Report</u>

Rolling Out Social Prescribing: Understanding the experience of the voluntary, community and social enterprise sector A new report by PIF member National Voices explores the experience of the voluntary, community and social enterprise sector in social prescribing. More than 300 people gave their views through a series of interviews, workshops and online engagements between December 2019 and June 2020.

National Clinical Audit of Psychosis 2019/20 national reports for England and Wales published The reports provide national and organisation-level findings on the treatment of patients by EIP teams in England and Wales. They include findings from the service user survey which collected information from people treated by EIP teams about their experience of care.

<u>Study</u>

<u>Male prisoners develop unhealthy hearts at younger ages than people on the outside</u> The largest European study of the heart health of prisoners found that more than one in ten of those who had a health check had a high risk of future heart disease. This is the same rate as the general population, even though the prisoner population is on average ten years younger.

<u>Review</u>

<u>Sep 2020a</u>

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Parents-to-be need to be prepared for receiving uncertain results from genetic tests Genetic tests can diagnose rare genetic conditions in the baby but in some cases no genetic cause is found and in a few, results may be unclear. Parents-to-be may find this increases their anxiety about the pregnancy, especially if they had not realised before taking the test that the results could be uncertain.

Statistics

<u>Suicide prevention: how you can make a difference</u> Everyone can make a difference to others who have reached the point of wanting to end their lives. The need for suicide prevention is at least as great as ever. In the UK, the suicide rates continued to rise, according to the <u>latest figures</u> from the Office of National Statistics. The 2019 rates for men were at their highest level since 2000.

Supporting Health and Wellbeing

<u>Guidance</u>

<u>Suspected cancer: recognition and referral</u> This updated guideline covers identifying children, young people and adults with symptoms that could be caused by cancer. It outlines appropriate investigations in primary care, and selection of people to refer for a specialist opinion. It aims to help people understand what to expect if they have symptoms that may suggest cancer.

<u>RCN Guidance - Conscientious Objection (Termination of pregnancy)</u> This publication provides guidance on the issue of Conscientious Objection for nurses, midwives and nursing associates, and is an update to the 2013 Position Statement on Termination of Pregnancy (Induced Abortion) (RCN 2013).

Publication

<u>Response to the ACMD report on novel benzodiazepines</u> A review of the evidence of use and harms of novel benzodiazepines.

<u>Campaign</u>

Public Health England launches new Every Mind Matters campaign Most families have experienced upheaval in their daily lives during the pandemic. With children and young people now back at school or college, the new Public Health England (PHE) Better Health – Every Mind Matters campaign provides NHS-endorsed tips and advice to help children and young people's mental wellbeing, and equip parents and carers with the knowledge to support them.

<u>News</u>

<u>Training for barbers to spot warning signs of mental health problems</u> A dedicated support package has been provided to local NHS, public health teams and voluntary organisations across England to strengthen suicide prevention plans. Recognising that men spend more time with their barber than their GP, local organisations in Greater Manchester have commissioned the Lions Barber Collective charity to offer free training for barbers in the area.

People in most deprived areas were almost twice as likely to visit A&E as those in least deprived There were almost twice as many attendances to Accident and Emergency departments in England for the 10% of the population living in the most deprived areas (3.1 million), compared with the least deprived 10% (1.6 million) in 2019-20.

<u>Clinical psychology in GP surgeries improves care and should be more widely</u> <u>available Clinical psychology in primary care</u>, by Dr Graham Durcan, explores real life examples of psychologists working in GP surgeries and communities. It finds that they help people the NHS often struggles to support and who otherwise get little or no effective treatment for their mental health.

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