



Key COVID-19 Resources

These resources are regularly updated

[Government Guidance](#) Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

[NICE Guidance](#) Advice and guidance from the National Institute for Health and Care Excellence.

Other COVID-19 resources

[Visiting care homes during coronavirus](#) (updated) Guidance for making arrangements for limited visits for care homes with the support of their director of public health.

[Coronavirus \(COVID-19\): looking after people who lack mental capacity](#) (updated) Guidance for health and social care staff who are caring for, or treating, a person who lacks the relevant mental capacity.

[Clinically extremely vulnerable receive updated advice tailored to local COVID alert levels](#) Clinically extremely vulnerable people in England will receive new guidance to help them reduce their risk from coronavirus, tailored to where they live.

[Social Care Sector COVID-19 Support Taskforce: report on first phase of COVID-19 pandemic](#) This report sets out the progress and learning from the first phase of the COVID-19 pandemic in informing advice and recommendations to government and the social care sector.

[Effect of pandemic on children's wellbeing revealed in new report](#) State of the Nation report provides an in-depth picture of the experiences of children and young people during the pandemic and how it affected their wellbeing.

[COVID-19: guidance for commissioners and providers of services for people who use drugs or alcohol](#) COVID-19 guidance for commissioners and service providers for those dependent on drugs or alcohol.

[COVID-19: impact on vaccination programmes](#) Reports assessing the impact of COVID-19-related physical distancing measures on delivery of childhood vaccination programmes in England.

[Factsheet: The importance of healthy lungs in the fight against COVID-19](#) The European Lung Foundation has produced an infographic-style factsheet explaining how each of the Healthy Lungs for Life key topics help to protect lungs and why this is so important during COVID-19. The key topics are: stopping smoking, vaccination, air quality and physical activity.

[Coronavirus: Adult social care key issues and sources](#) This Commons Library briefing paper provides an overview of key issues facing the adult social care sector during the coronavirus (Covid-19) outbreak.

[Resilience across the UK during the coronavirus pandemic](#) This research briefing looks at resilience across the UK during the coronavirus pandemic and how people are coping.



[Brain and nerve complications are more common than expected in younger patients with severe COVID-19](#) People aged under 60 who are hospitalised with COVID-19 are more likely than expected to experience severe psychiatric symptoms. Research found that altered mental states such as psychosis are being reported in these younger patients. It confirmed that strokes and other neurological symptoms are common in severe COVID-19.

[Antibiotic awareness: toolkit for healthcare professionals in England](#) How to use antibiotic awareness resources to support the Antibiotic Guardian campaign and local initiatives. Updated with added COVID19 relevant resources.

[Association of the Covid-19 lockdown with smoking, drinking, and attempts to quit in England: an analysis of 2019-2020 data.](#) Following the March 2020 Covid-19 lockdown, smokers and high-risk drinkers in England were more likely than before lockdown to report trying to quit smoking or reduce alcohol consumption, and rates of smoking cessation and use of remote cessation support were higher. However, high-risk drinking prevalence increased post-lockdown and use of evidence-based support for alcohol reduction by high-risk drinkers decreased with no compensatory increase in use of remote support.

[Understanding the impact of COVID-19 on those who access care and support](#) Think Local Act Personal has published a rapid evidence review and recommendations based on the experiences of those accessing care and support during the coronavirus pandemic.

Clinical Answers

[How does metformin compare with other antidiabetes medications as monotherapy in adults with type 2 diabetes mellitus?](#) Very low-certainty evidence suggests that metformin may be comparable to most other antidiabetes medications, in terms of all-cause mortality and severe adverse events. These outcomes were not assessed for metformin versus insulin. When compared to sulfonylurea, metformin led to fewer severe hypoglycemic events (on average, 1 vs 6 per 1000 people). The rate of severe hypoglycemia was comparable in people receiving metformin and drugs of other classes.

[How does pharmacy-based management compare with usual care for adults with depression?](#) Moderate- to high-certainty evidence showed no clear differences in depression scores nor in the proportion of people who reported improvement in depression between adults with depression who received pharmacy-based management and those given treatment as usual. High-certainty evidence showed that risk of non-adherence was lower among people receiving pharmacy-based management compared with those given treatment as usual.

Advice

[Safeguarding in virtual consultations in primary care](#) New advice has been published for GPs on safeguarding in all virtual consultations, including phone and video calls.



Guidance

[Urinary tract infection: diagnostic tools for primary care](#) Quick reference materials for primary care on diagnosing and understanding culture results for urinary tract infections (UTI).

[Cervical screening: quarterly coverage data reports 2020](#) Resources to help providers improve cervical screening coverage and access to cervical screening services.

[Female Genital Mutilation. RCN guidance for sexual health care](#) This publication acts as a supplement to Female Genital Mutilation: An RCN Resource for Nursing and Midwifery Practice (2019) and focuses on professionals working in sexual health services such as sexual health clinics, genitourinary medicine clinics and children's services.

[Female Genital Mutilation. RCN guidance for travel health services](#) This publication acts as a supplement to Female Genital Mutilation: An RCN Resource for Nursing and Midwifery Practice (2019) and focuses on professionals working in travel health services. Travel health organisations, clinics and health care professionals will find it useful as it highlights how important it is for processes within travel health settings to be reviewed to ensure services provide an effective safeguarding process around FGM.

Report

[Children and young people mental health review: update on local actions \(PDF\)](#) This report is an update on the CQC's work looking at the quality of, and access to, mental health services for children and young people.

Briefing

[Commission for Equality in Mental Health. Briefing 3: Inequalities of experience and outcomes \(PDF\)](#) This briefing from the Commission for Equality in Mental Health explores why communities with higher rates of mental ill health often receive the least effective support.

Inquiry

[Inquiry calls for urgent improvement in endometriosis care](#) An inquiry has found it takes an average of eight years to receive an endometriosis diagnosis from onset of symptoms – the same amount of time as a decade ago.

News

[Patient experience of NHS and social care services](#) Nuffield Trust's latest QualityWatch indicator update uses data from national patient surveys to look at patient experience prior to the pandemic.



Study

[People with mild memory problems are left in limbo between health and dementia, and need help to make lifestyle changes](#) In this study, researchers interviewed people with memory problems but not dementia, their family members, and healthcare providers. The research helped the authors design a programme to be offered to people with memory problems or mild cognitive impairment, but no dementia diagnosis which is currently being trialled.

Research

[Stroke survivors with vision impairments need personalised rehabilitation and greater support](#) People who survive a stroke but suffer loss of vision do not always receive the care they need. The research points to an urgent, unmet need for further care and support for this group of patients. Rehabilitation that is adapted for each individual, along with a greater level of support, could help their physical recovery.

[Play and social skills may protect children who have difficulties with spoken language](#) New research found that having good play and social skills may protect children with DLD from developing additional problems.

[HPV vaccination coverage in adolescent females and males in England: 2019 to 2020](#) HPV vaccine coverage data for vaccinations given for the academic year 2019 to 2020 by local authority and local team.

Cochrane Review

[Electronic cigarettes for smoking cessation](#) There is moderate certainty evidence that ECs with nicotine increase quit rates compared to ECs without nicotine and compared to NRT. Evidence comparing nicotine EC with usual care/no treatment also suggests benefit, but is less certain. More studies are needed to confirm the degree of effect, particularly when using modern EC products.

Systematic Review

[Recall intervals for oral health in primary care patients](#) This updated systematic review concluded that whether adults see their dentist for a check-up every six months or at personalised intervals based on their dentist's assessment of their risk of dental disease does not affect tooth decay, gum disease, or quality of life. Longer intervals (up to 24 months) between check-ups may not negatively affect these outcomes.