



## Key COVID-19 Resources

These resources are regularly updated

[Government Guidance](#) Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

[NICE Guidance](#) Advice and guidance from the National Institute for Health and Care Excellence.

## Other COVID-19 resources

[Adult social care: COVID-19 winter plan 2020 to 2021](#) The government's ambitions for the sector and the challenges facing adult social care this winter.

[Coronavirus \(COVID-19\): adult social care guidance](#) (Updated) Information for the adult social care sector on responding to the coronavirus pandemic.

[COVID-19: guidance on shielding and protecting people defined on medical grounds as extremely vulnerable](#) Updated information for shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19.

[REACT-1 study of coronavirus transmission: October 2020 final results](#) Results of real-time assessment of community transmission of coronavirus (COVID-19) during October 2020.

[Reducing health inequalities associated with COVID-19](#) NHS providers can have far-reaching impact on helping to address health and care outcomes through existing delivery as part of ICSs, their work on equitable service delivery and sustainability, and staff health and wellbeing. This framework provides a fresh perspective for examining healthcare activity data and patient experience to shed new light on health inequalities.

[Identifying, caring for and supporting women at risk of/victims of domestic abuse During COVID-19: Version 2.2](#) The advice to stay at home has meant that many women and girls are locked down at home with violent parents, partners, or other family members. This paper from the Royal College of Midwives provides advice and guidance for health professionals to support at-risk women.

[NHS launches 40 'long COVID' clinics to tackle persistent symptoms](#) The NHS will launch a network of more than 40 'long COVID' specialist clinics within weeks to help thousands of patients suffering debilitating effects of the virus months after being infected.

[Wider impacts of COVID-19 on health monitoring tool](#) National monitoring tool that brings together metrics to assess the wider impacts of coronavirus (COVID-19) on health.

[People with learning disabilities had higher death rate from COVID-19](#) England death rate up to 6 times higher from coronavirus during the first wave of the pandemic than the general population, Public Health England study finds.



[COVID-19: mental health and wellbeing surveillance report](#) This is a routinely updated report about population mental health and wellbeing in England during the COVID-19 pandemic.

[COVID-19 rapid guideline: reducing the risk of venous thromboembolism in over 16s with COVID-19](#) This guideline covers pharmacological VTE prophylaxis for patients being treated for COVID-19 pneumonia. It includes patients receiving treatment in hospital or in a community setting such as a 'hospital at home' service or COVID-19 'virtual ward'.

## **Studies**

[Repeat screening for syphilis in pregnancy as an alternative screening strategy in the UK: a cost-effectiveness analysis](#) Universal repeat screening for syphilis in pregnancy is unlikely to be cost-effective in the current UK setting where syphilis prevalence is low. Repeat screening may be cost-effective in countries with a higher syphilis incidence in pregnancy, particularly if the cost per screen is low.

[Womb cancer could be detected early with an inexpensive new blood test](#) A simple, low-cost blood test offers great potential as a tool for diagnosing womb cancer, and for screening high-risk women. The test gives almost instant results and in a new study, it picked up changes in the womb that could lead to cancer (pre-cancerous growths).

[Ongoing pain after knee replacement: people need support and encouragement to seek help](#) A new study found that that one in five people report ongoing pain after knee replacement surgery, but many do not seek help in dealing with their pain.

[Teenagers' use of antidepressants is rising with variations across regions and ethnic groups](#) Antidepressant use in teenagers is increasing. However, it is not clear whether this is due to growing rates of mental health problems, greater awareness of mental health issues or a lack of access to talking therapies.

## **Systematic Reviews**

[Mechanically assisted walking training for walking, participation, and quality of life in children with cerebral palsy](#) Moderate and low-quality evidence suggests that the use of mechanically assisted walking without body weight support may result in small improvements in walking speed and gross motor function, compared to both no walking and the same amount of overground walking.

[Comparison of different protein concentrations of human milk fortifier for promoting growth and neurological development in preterm infants](#) Human milk alone may provide inadequate amounts of protein to meet the growth requirements of preterm infants because of restrictions in the amount of fluid they can tolerate. It has become common practice to feed preterm infants with breast milk fortified with protein and other nutrients but there is debate about the optimal concentration of protein in commercially available fortifiers.



## **News**

[New antibiotic-resistant infections rise to 178 per day in England](#) Antimicrobial resistance remains a serious threat to the health of people in England, with 178 AMR infections diagnosed each day, according to a PHE report.

## **Guidance**

[Accessing government-secured flu vaccines: guidance for community pharmacies](#)

How community pharmacies in England can access the extra stock of flu vaccines this winter that the government has secured.

[2020 Guide to Producing Health Information for Children and Young People](#) Focuses on the practical aspects of creating good health information. Key areas include involving children, choosing the right format, writing for children and tackling sensitive issues. It features topical case studies on communicating with children about COVID-19 and other health issues. The 2020 update also provides new guidance on digital, mental health needs and working with children at risk of violence.

[Diabetic eye screening: surveillance pathways](#) This document sets out guidelines for implementing the NHS diabetic eye screening (DES) programme's surveillance pathways.

[Magseed for locating impalpable breast cancer lesions](#) NICE has developed a medtech innovation briefing (MIB) on Magseed for locating impalpable breast cancer lesions.

[Updated RCN guidance aims to ensure fair care for trans patients](#) Nursing staff and students can access the latest edition, published during Transgender Awareness Week, to help them create a safe and welcoming environment for trans and non-binary people.

[Termination of Pregnancy: An RCN nursing framework](#) This updated guidance considers the legislative frameworks in place in 2020 across the UK, alongside clinical guidance for those working in termination of pregnancy services.

## **Randomised Controlled Trial**

[Missed miscarriage should be treated with mifepristone plus misoprostol rather than misoprostol alone](#) A combination of two drugs – mifepristone and misoprostol – was more effective than mifepristone alone for treating missed miscarriage. A large, multi-centre trial found that women given the combination were more likely to have completed their miscarriage within a week, and less likely to need follow-up surgery.

## **Campaign**

[ABPI launches #ValuingVaccines campaign](#) The Association of the British Pharmaceutical Industry (ABPI) has launched a month-long campaign to highlight the role vaccines play in improving public health and saving lives.

## Cochrane Review

### [Pioglitazone for prevention or delay of type 2 diabetes mellitus and its associated complications in people at risk for the development of type 2 diabetes mellitus](#)

Pioglitazone reduced or delayed the development of T2DM in people at increased risk of T2DM compared with placebo (low certainty evidence) and compared with no intervention (moderate certainty evidence). It is unclear whether the effect of pioglitazone is sustained once discontinued.

## Reports

[Improving outdoor air quality and health: review of interventions](#) A comprehensive overview of actions that national and local government and others can take to improve air quality and health.

[The future of integrated care in England: Health leaders' views on how to make system working a success](#) This report details the findings from six months of extensive engagement with our members to support the development of new policy and legislation relating to the future of system working.

Nov 2020a

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