

# Suicide Prevention

Dec 2020

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## **Randomised Controlled Trials**

[Suicide awareness materials: do they help people with suicidal ideation?](#) Summary of a recent online randomised controlled trial on the effects of suicide awareness materials on people who feel suicidal, which finds that the Papageno effect is real and that stories of hope and recovery can help.

[Usage and Acceptability of the iBobbly App: Pilot Trial for Suicide Prevention in Aboriginal and Torres Strait Islander Youth](#) Regression analysis indicated that app use improved psychological outcomes, although only minimally, and effects were not significant. However, results of the thematic analysis indicated that the iBobbly app was deemed effective, acceptable, and culturally appropriate by those interviewed.

## **Studies**

[Accuracy of individual and combined risk-scale items in the prediction of repetition of self-harm: multicentre prospective cohort study](#) No individual or combination of risk-scale items outperformed patients' or clinicians' ratings. This suggests there are limitations to combining risk factors to predict risk of self-harm repetition.

[Did the introduction and increased prescribing of antidepressants lead to changes in long-term trends of suicide rates?](#) The introduction of antidepressants around 1960 and the sharp increase in prescriptions after 1990 with the introduction of the SSRIs did not coincide with trend changes in suicide rates in Italy, Austria or Switzerland.

## **Guidance**

[After a Suicide: A Guide for Veterinary Workplaces](#) The American Foundation for Suicide Prevention, the American Veterinary Medical Association, the National Association of Veterinary Technicians in America, the Veterinary Hospital Managers Association, and the Veterinary Medical Association Executives have released After a Suicide: A Guide for Veterinary Workplaces.

## **Statistics**

[Quarterly suicide death registrations in England: 2001 to 2019 registrations and Quarter 1 \(Jan to Mar\) to Quarter 3 \(July to Sept\) 2020 provisional data](#) Provisional rate and number of suicide deaths registered in England per quarter. Includes 2001 to 2019 registrations and provisional data for Quarter 1 (Jan to Mar) to Quarter 3 (July to Sept) 2020.

[Recent trends in suicide: death occurrences in England and Wales between 2001 and 2018](#) Number of suicides and suicide rates by sex, broad age groups, method, region, inequalities and quarter of death in England and Wales, occurring between 2001 and 2018.

## **News**

[How one researcher is using Google search for good](#) In an effort to increase help-seeking domestically, and provide some basic interventions internationally, Dr Sandersan Onie is leading a study determining how Google search can be effectively used in suicide prevention.

[Christmas without family tops concerns for Samaritans callers](#) New insights reveal people are worried about their wellbeing over the festive period.