### Key COVID-19 Resources

These resources are regularly updated

<u>Government Guidance</u> Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

<u>NICE Guidance</u> Advice and guidance from the National Institute for Health and Care Excellence.

#### **Other COVID-19 resources**

<u>Updated guidance about COVID-19 vaccination for pregnant women</u> Leaflet for all women of childbearing age, those currently pregnant or breastfeeding on coronavirus (COVID-19) vaccination.

<u>COVID-19</u>: the green book, chapter 14a Coronavirus (COVID-19) vaccination information for public health professionals.

<u>Updated guidance about COVID-19: paediatric surveillance</u> Description and contact details of PHE paediatric surveillance programmes for COVID-19.

<u>COVID-19 rapid guideline: managing the long-term effects of COVID-19</u> This guideline covers identifying, assessing and managing the long-term effects of COVID-19, often described as 'long COVID'. It makes recommendations about care in all healthcare settings for adults, children and young people who have new or ongoing symptoms 4 weeks or more after the start of acute COVID-19. It also includes advice on organising services for long COVID.

<u>New guidance published to support intimate relationships during lockdowns</u> The BPS has published new guidance to help those in relationships, and single people looking for new connections, to cope with the effects of lockdowns and restrictions on personal, intimate and sexual relationships.

<u>Jan 2021</u>

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<u>The remote care revolution in the NHS: understanding impacts and attitudes</u> This year's QualityWatch animated scrolling <u>data story</u> explores the increased use of remote care in the NHS after the outbreak of COVID-19. This article explains the findings in more detail and discusses some of the implications for patients, clinicians and the NHS.

# <u>Studies</u>

<u>380k 'non-smokers' regularly smoke cannabis, putting their health at risk</u> A new study published in the journal Addiction finds significant levels of cannabis use among people who classify themselves as non-smokers.

<u>New study finds prevalent and harmful harassment and discrimination within NHS</u> <u>healthcare workforce</u> Researchers at King's College London have found prevalent and harmful harassment and discrimination committed by and against NHS staff. Furthermore, women, Black ethnic groups and migrant NHS staff were more likely to experience harassment and discrimination.

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### <u>Guidance</u>

<u>Artificial intelligence in mammography</u> NICE has developed a medtech innovation briefing (MIB) on artificial intelligence in mammography.

# **Reports**

What should we expect for medical supplies in 2021? Since December 31, the UK has left the EU single market. Predictions about the supply of medical products and health care more widely have been widespread. A recently published <u>report</u>, funded by the Health Foundation, examines these issues in detail. This blog looks at what happens now to medical products, how changes have been addressed, and what risks remain.

<u>Men's mental health under pressure as suicidal thoughts double in ten years</u> 'Get It Off Your Chest: Men's mental health 10 years on' was commissioned by Mind as part of its charity partnership with the English Football League (EFL). The report compares new polling data from YouGov\* with the same survey from 2009 to understand how the challenges facing men's mental health have changed over the past decade.

# **Cochrane Reviews**

What are the most effective interventions during pregnancy for preventing stillbirth? This synthesised review found that while most interventions were unable to demonstrate a clear effect in reducing stillbirth or perinatal death, several interventions suggested a clear benefit, such as balanced energy/protein supplements, midwife-led models of care, training versus not training traditional birth attendants, and antenatal cardiotocography.

<u>Corrector therapies for people with cystic fibrosis with class II CFTR gene variants</u> This updated systematic review looked at drugs (or drug combinations) for correcting the basic defect in the most common cystic fibrosis (CF-causing gene variant (F508del) and assessed their impact on outcomes important to people with CF (pwCF), e.g. survival, quality of life (QoL), lung function and safety.

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# News

<u>Nearly one in five women screened positive for possible eating disorder</u> The Health Survey for England found that 19% of women aged sixteen and over screened positive for a possible eating disorder when questioned on their relationship with food, in 2019.

British public invited to write their own record of the pandemic and its effects on mental health Centre for Mental Health is asking people across the country to share their story of living through the Covid-19 pandemic and how it has affected their mental health. <u>A Year in Our Lives</u> is a ground-breaking project to hear people's experiences of living through the pandemic and how it has affected their wellbeing.

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## <u>Research</u>

The long term severity of psychosis could be predicted by an early test of coordination and balance The Neurological Evaluation Scale (NES) is a quick and useful tool for examining sensory-motor issues such as restlessness, tremors, and problems with coordination and balance.

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