



### **Key COVID-19 Resources**

These resources are regularly updated

[Government Guidance](#) Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

[NICE Guidance](#) Advice and guidance from the National Institute for Health and Care Excellence.

### **Other COVID-19 resources**

[COVID-19 vaccines rolled out to people aged 70 years and over from 18 Jan 2021](#)

Millions of people aged 70 and over and those clinically extremely vulnerable to COVID-19 will be invited to get their vaccinations from 18 January as the NHS begins roll out of the vaccines to the next 2 priority groups.

[Supported living services during coronavirus \(COVID-19\)](#) UPDATED guidance for providers of supported living settings.

[Guidance for healthcare professionals on return to work for patients with long-COVID](#)

Guidance for healthcare professionals on agreeing return to work principles for patients with long-COVID. It considers occupational health issues and practical steps.

[Informal dementia carers had to make difficult decisions about paid care during COVID-19](#) This research brings to the fore longstanding problems with care for people living with dementia. These issues include a lack of continuity of paid care, poor monitoring of care staff entering homes, and minimal support for unpaid carers.

[Lockdown raised anxiety in people with anorexia and their carers, but online resources helped](#) The TRIANGLE project aims to help patients with anorexia nervosa return home after being discharged from hospital. As part of the wider project, researchers asked patients and carers about the impact of COVID-19 on this transition. The findings suggest an important role for digital sources of support for people with anorexia.

[New Every Mind Matters campaign](#) The new campaign launches to support the nation's mental health, as half of adults say they are more worried during this current lockdown than in March 2020.

[COVID-19 vaccination: women of childbearing age, currently pregnant or breastfeeding](#) UPDATED information for all women of childbearing age, those currently pregnant or breastfeeding on coronavirus (COVID-19) vaccination.

### **Toolkit**

[Deafness and Hearing Loss Toolkit](#) The toolkit supports GPs and GP trainees to implement the latest NICE guidelines and NHS Accessibility Quality Standard and guidance across the UK. The resources developed aim to educate GPs and trainees on deafness and hearing loss.



### Guidance

[Suspected neurological conditions: recognition and referral](#) This NICE Quality Standard covers assessing and referring children (under 16) and adults (16 and over) who have symptoms or signs associated with neurological conditions. It describes high-quality care in priority areas for improvement.

[Advanced Preparation of Insulin Syringes for Adult Patients to Administer at Home](#)

This updated guidance has been developed for nursing practitioners working in a variety of settings, and highlights the professional, organisational and safety issues that must be addressed when pre-loading insulin syringes for later use by a person with diabetes.

### News

[Mental Health Network welcomes proposed reforms to mental health laws](#)

[Responding to the Mental Health Act White Paper](#), Sean Duggan, chief executive of the Mental Health Network, which is part of the NHS Confederation, said: "It's crucial that the legislation is modernised as the number of people being detained every year is growing. Unacceptable disparities in the use of the Act also continue, with black men four times more likely to be detained."

[The Royal College of Psychiatrists publishes a new Equality Action Plan](#) The Royal College of Psychiatrists is today launching a new [Equality Action Plan](#), which sets out the plan to promote equality and equitable outcomes for College members, staff, mental health staff, and patients and carers. The plan contains 29 key actions, which will be rolled out between now and the end of 2023.

[An opportunity to take a broader view on preventative health measures](#) The launch of the [ONS Health Index](#) is an important milestone, recognising that the nation's health should be considered a key measure of national success.

[Pregnant women with serious mental illnesses found to be at higher risk of renal failure, heart attacks and embolisms around childbirth](#) New research from King's College London shows that women with serious mental illnesses (SMI) which required specialist care were more likely to have a 'near-miss' life-threatening obstetric complication such as kidney failure, heart attacks or embolisms during childbirth.

### Event

[The King's Fund is hosting a free online event providing insight into the wider health and care landscape in 2021](#) Speakers will discuss some of the big issues The King's Fund hopes to see progress on in 2021. The event takes place from 10am to 11am on 28 January.

## Cochrane Reviews

[Interventions for improving outcomes in patients with multimorbidity in primary care and community settings](#) This review identifies the emerging evidence to support policy for the management of people with multimorbidity and common comorbidities in primary care and community settings. The results suggest an improvement in health outcomes if interventions can be targeted at risk factors such as depression in people with co-morbidity.

[Pharmacological interventions for self-harm in adults](#) There is only uncertain evidence regarding pharmacological interventions in patients who engage in self harm. More and larger trials of pharmacotherapy are required, preferably using newer agents. These might include evaluation of newer atypical antipsychotics.

## Publication

[Brexit and the end of the transition period: what does it mean for the health and care system?](#) This long read sets out the key changes for the health and care system and what their immediate, as well as potential long-term, implications might be.

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