

# Depression

## COVID-19

[Summary of COVID-19 medicines guidance: Mental health and illness](#) This page summarises and signposts to medicine related guidance from professional and government bodies relating to coronavirus and mental health and illness.

[Coronavirus \(COVID-19\): looking after people who lack mental capacity](#) Updated 'The Mental Capacity Act (2005) (MCA) and the deprivation of liberty safeguards (DoLS) during the coronavirus (COVID-19) pandemic' and 'The Mental Capacity Act (2005) (MCA) and the deprivation of liberty safeguards (DoLS) during the coronavirus (COVID-19) pandemic additional guidance' to reflect the new national lockdown in England that began on 6 January 2021.

## Consultation

[Reforming the Mental Health Act](#) The consultation for the government's white paper on reforming the Mental Health Act is now open and seeking your views on changes to the Mental Health Act to help put patients at the centre of decisions about their own care. This consultation closes at 11:59pm on 21 April 2021. [Easy read version](#)

## Systematic Review

[Parental involvement in CBT for anxiety disorders: a help or a hindrance?](#) This post summarises a recent systematic review which finds little support for parental involvement in cognitive behavioural therapy for adolescent anxiety disorders.

## Studies

[Mood changes during art workshops: what can they teach us?](#) This post reviews a study that sought to track momentary wellbeing over the course of an arts on prescription scheme, to predict changes in global wellbeing for people with anxiety and depression.

[Examining the Correlation Between Depression and Social Behavior on Smartphones Through Usage Metadata: Empirical Study](#) This paper finds some correlation between depression and social behavior on smartphones. The result may be useful to improve social interaction for depressed individuals in the daily lives and may be insightful for early diagnosis of depression.

## Report

[Men's mental health under pressure as suicidal thoughts double in ten years](#) 'Get It Off Your Chest: Men's mental health 10 years on' was commissioned by Mind as part of its charity partnership with the English Football League (EFL). The report compares new polling data from YouGov\* with the same survey from 2009 to understand how the challenges facing men's mental health have changed over the past decade.

Jan 2021

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