



# Depression

## **Report**

[New report: The state of children's mental health services 2020/21](#)

The new annual report on the state of children's mental health services looks at the impact of Covid, which has turned the lives of children upside down and placed the NHS under unimaginable strain.

[New study on the mental health of Generation Z from The Prince's Trust and Education Policy Institute](#)

The Education Policy Institute (EPI) and The Prince's Trust have published a major study on the mental health and wellbeing of young people in Generation Z. The report offers insights into the determinants of young people's wellbeing, including how it is affected by their relationships, background and use of social media.

## **Statistics**

[New report reveals more than 2.8m people were in contact with secondary mental health services in 2019/20](#)

More than 2.8m people were in contact with secondary mental health services in England in 2019-20, according to new figures published by NHS Digital.

## **Handbook**

[Samaritans publishes new handbook on men's wellbeing services](#)

Samaritans has published a new handbook with practical advice on how wellbeing initiatives can appeal to men who may be going through tough times before they reach the point of crisis.

## **Survey**

[Are clinicians' attitudes to technology stopping children and adolescents from accessing mental health care?](#)

This post critically explores a mixed-methods survey, which found that clinicians' attitudes to technology may stop young people from accessing mental health care.

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