



Key COVID-19 Resources

These resources are regularly updated

[Government Guidance](#) Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

[NICE Guidance](#) Advice and guidance from the National Institute for Health and Care Excellence.

Other COVID-19 resources

[Coronavirus \(COVID-19\) testing for adult day care centre workers](#) Sets out how open day care centres providing essential care in England can order weekly PCR testing for their staff.

[Coronavirus \(COVID-19\) testing for personal assistants](#) How personal assistants working in adult social care in England can access twice-weekly COVID-19 testing.

[COVID-19: guidance for commissioners and providers of services for people who use drugs or alcohol](#) Guidance for commissioners and service providers for those dependent on drugs or alcohol.

[Arrangements for visiting out of the care home](#) Sets out how care homes can support residents on visits outside of the care home.

[COVID-19 mental health and wellbeing recovery action plan](#) The Department of Health's plan to prevent, mitigate and respond to the mental health impacts of the pandemic 2021-2022.

[Health inequalities, vaccination and community-centred approaches](#) The Coalition for Personalised Care has released a report identifying key issues in tackling COVID-19 vaccine hesitancy and reluctance. Includes a case study from Mersey Care's Life Rooms.

[Free training to support people with sight loss](#) The Royal National Institute of Blind People (RNIB) is offering free training to staff and volunteers working on the COVID-19 vaccine programme.

[Senior NHS figures stress Muslims can get COVID jab in Ramadan](#) Two leading Muslim figures working in the NHS joined other medical leaders and Islamic scholars in stressing that Ramadan should not stop anyone from getting the NHS COVID vaccination.

Systematic Review

[Digital games, apps and e-therapy show promise for helping children manage obesity, anxiety and other long-term conditions](#) Digital interventions such as games, apps and e-therapy may encourage primary school-aged children to exercise more or manage their anxiety, but research into the benefits of the technology for this age group is thin on the ground. Long-term conditions are becoming more common.



Cochrane Reviews

[Venous thromboembolism prophylaxis for women at risk during pregnancy and the early postnatal period](#) The evidence is very uncertain about benefits and harms of VTE thromboprophylaxis in women during pregnancy and the early postnatal period at increased risk of VTE.

[Mobile phone-based interventions for improving adherence to medication prescribed for the primary prevention of cardiovascular disease in adults](#) This review found low-certainty evidence on the effects of mobile phone-delivered interventions to increase adherence to medication prescribed for the primary prevention of CVD.

[Effectiveness of psychosocial interventions for reducing parental substance misuse](#) This Cochrane review found moderate-quality evidence that psychosocial interventions probably reduce the frequency at which parents use alcohol and drugs. Integrated psychosocial interventions which combine parenting skills interventions with a substance use component may show the most promise.

Guidance

[Chronic pain \(primary and secondary\) in over 16s: assessment of all chronic pain and management of chronic primary pain](#) This guideline covers assessing all chronic pain (chronic primary pain, chronic secondary pain, or both) and managing chronic primary pain in people aged 16 years and over.

[Supporting people living with dementia through safeguarding processes](#) Guidance bringing together research undertaken by University of Bath, alongside people living with dementia, their family carers and professionals in the sector.

[Personalised care and support guidance for local maternity systems](#) NHS England has published new personalised care and support planning guidance for local maternity systems.

[Cervical screening: disclosure of audit results toolkit](#) Guidance for staff involved in invasive cancer reviews for the NHS Cervical Screening Programme, covering disclosure of audit results and duty of candour.

[Misuse of illicit drugs and medicines: applying All Our Health](#) Evidence and guidance to help health professionals identify, prevent or reduce drug-related harm.

[Musculoskeletal health: applying All Our Health](#) Information to help health professionals prevent ill health and promote wellbeing as part of their everyday practice.

Statistic

[Children living with parents in emotional distress: March 2021 update](#) The proportion of children living with at least one parent reporting symptoms of emotional distress, by family type and work status.



Studies

[Being overweight is linked with an increased risk of dementia in new research](#) People who carry excess weight in midlife have an increased risk of developing dementia, suggests new research from the long-running English Longitudinal Study of Ageing (ELSA).

[Extending breast screening to women in their forties may save lives without increasing harms, research suggests](#) Around 7,600 women in their 40s are diagnosed with breast cancer every year in the UK. But the NHS Breast Screening Programme only starts inviting women once they turn 50.

Reports

[Chief Social Workers for Adults' annual report: 2020 to 2021](#) The joint Chief Social Workers for Adults in England, set out the progress made in improving education, training and practice in adult social work.

[Cervical screening standards data report](#) The second cervical screening standards data report, covering 1 April 2019 to 31 March 2020.

[United Kingdom drug situation: Focal Point annual report](#) Annual report and data tables from the UK Focal Point on Drugs on the national prevalence, impact, prevention and treatment of drug use.

[Caring as a social determinant of health: review of evidence](#) This report adds to the growing evidence that unpaid caring should be considered a social determinant of health.

[Shaping the future of digital technology in health and social care](#) This report provides a summary of evidence for how emerging technologies such as artificial intelligence, smartphones, wearable devices and the internet of things are being used within care settings around the world.

Policy Papers

[Transforming the public health system](#) Sets out reforms to the public health system in England

[The best start for life: a vision for the 1,001 critical days](#) Developed as part of the early years healthy development review, this document outlines 6 areas for action to improve the health outcomes of all babies in England.

Publication

[Multiple Births Midwife Standard](#) Midwives have an essential role to play in delivering and co-ordinating care for women, partners and families who are experiencing a multiple pregnancy.

Community Health



Lancashire &
South Cumbria
NHS Foundation Trust

Resources

[Public health in prisons and secure settings](#) Resources to help health professionals treat and prevent infections and improve health and wellbeing in prisons and secure settings.

[Oral health](#) Information and resources for dental public health practitioners to improve oral health and reduce inequalities in England.

Research

[People who have survived torture need joined-up care to address physical, psychological and social aspects of pain](#) More than one in four refugees and asylum-seekers in the UK are thought to have experienced torture in their countries of origin. Increasing numbers are presenting to NHS services with persistent pain, often of muscle, bone or joints (musculoskeletal).

Apr 2021

Library &
Information
Service

