

Did you know May is National Walking Month? The Library Team will be trying to encourage as many people as possible to take the option of walking over driving. Tag us on twitter [@LscftL](https://twitter.com/LscftL) with your favourite walks. We have developed a current awareness display within the Gosall Library to help direct you to finding the right knowledge—take a look if you visit the Lantern Centre. May is also [Skin Cancer Awareness Month](#)—our [public health bulletin](#) on our blog will contain updates about helping prevent skin cancer. Our fabulous Library Assistant also completed a 'Meet the Author Project' encouraging local authors to speak about their work and give a thanks to the NHS. You can read about the project [here](#) and view which books are available to loan from these authors on our [Heritage catalogue](#), or use the self service machine to issue these directly from the Gosall Library. Some dates for your diary this month:

**May 3rd—May 9th—[Maternal Mental Health Awareness week](#)**— a week dedicated to talking about mental health problems during and after pregnancy. Please get in touch with any journal, book or literature search requests around this topic.



### RESOURCE OF THE MONTH KNOWLEDGESHARE

KnowledgeShare is an online web-based current awareness system that is NHS OpenAthens password protected. We will create an individual profile detailing your interests providing a bespoke service to help you keep up-to-date with the latest evidence. Focusing on evidence that will change practice and the latest publications on quality, safety, education and patient experience, our aim is to bring you what you need to know and no more.

KnowledgeShare allows users to:

- Request evidence searches from our Library Knowledge Service and find searches requested by colleagues elsewhere (where permission has been given).
- Sign up for highly targeted updates based on your professional interests (weekly, fortnightly or monthly)
- Book onto Library knowledge skills sessions



Log in with your [Open Athens](#) account

Accessible with an Open Athens account

Sign up today to ensure you are receiving newly published health care updates supporting you with patient care, service improvement, clinical teaching or to keep up to date with current research.

Visit our [padlet page](#) or contact the Library to complete a form: [academic.library@lscft.nhs.uk](mailto:academic.library@lscft.nhs.uk)

We are LSCft

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#### Titles from our collection for Maternal Mental Health:



For any more information, support or queries regarding any resources in this newsletter please email:

[Academic.library@lscft.nhs.uk](mailto:Academic.library@lscft.nhs.uk)

## How do I...?

### Request a journal article?

Found an article of interest but don't know how to read the full text? Simply send the details of the article to the library team:

[academic.library@lscft.nhs.uk](mailto:academic.library@lscft.nhs.uk)

We hope to respond to your requests within 3-5 working days. Alternatively you can complete a journal request form—download from our [padlet page](#) and send it to us via email.

### Lunch and Learn

Thankyou to all those who attended our April session—health literacy awareness. Please leave us any feedback by completing our [short survey](#).

## • SHARING KNOWLEDGE • LUNCH AND LEARN WITH THE PUBLIC HEALTH TEAM

Thursday 20th May  
12pm- 1pm



A session around post (long)-COVID: A lasting legacy or a passing phase?

### WHO?

The public health team are based in the medical directorate at LSCFT. They undertake a wide programme of work to support improvements in the physical and mental health of service users with an emphasis on prevention.

### WHAT?

This session will provide an overview of post-COVID (otherwise known as long-COVID). The team will present the current evidence about what it is, who it affects and how it affects people. They will also consider the implications of post-COVID on health services and wider society as recovery efforts from the pandemic continue.

### HOW?

All Library members will receive a Teams invite to attend the session. Email [carmel.smith@lscft.nhs.uk](mailto:carmel.smith@lscft.nhs.uk) if you would like a Teams invite to be extended to you, your colleagues or your department.

Opening Hours:

8:30am –4:30pm Monday to Friday

The Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW