

Suicide Prevention

Apr 2021

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Reports

[Suicide prevention in England: fifth progress report](#) The fifth progress report of the Suicide Prevention Strategy for England details the steps taken to reduce deaths by suicide since January 2019.

[Targeted suicide prevention for LGBTIQ+ communities](#) The Black Dog Institute has released a new report with key insights for implementing suicide prevention strategies that are effective for LGBTIQ+ communities, titled Suicide prevention for LGBTIQ+ communities: Learnings from the National Suicide Prevention Trial.

Systematic Review

[Implementing changes after patient suicides in mental health services: A systematic review](#) The review, which includes 41 published papers and reports, found that the literature is focused on producing recommendations to reduce future risk of suicide in mental health services. There is a lack of focus on the extent and effectiveness of the implementation of these.

Studies

[PTSD-related suicides can be prevented, but we have to act fast](#) Summarises a recent Swedish cohort study of 3.1 million people, which looks at suicide risk in people with post-traumatic stress disorder.

[Many men do seek help prior to suicide, but are services adequately designed to assess men's needs?](#) This post summarises a qualitative photovoice study, which finds that some men who died by suicide did seek help before their death, but the help given was often ineffective.

[Suicide trends in the early months of the COVID-19 pandemic: an interrupted time-series analysis of preliminary data from 21 countries](#) This is the first study to examine suicides occurring in the context of the COVID-19 pandemic in multiple countries. In high-income and upper-middle-income countries, suicide numbers have remained largely unchanged or declined in the early months of the pandemic compared with the expected levels based on the pre-pandemic period. The authors highlight the need to remain vigilant and be poised to respond if the situation changes as the longer-term mental health and economic effects of the pandemic unfold.