

# **Key COVID-19 resources**

These resources are regularly updated

<u>Government Guidance</u> Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

NICE Guidance Advice and guidance from the National Institute for Health and Care Excellence.

# **Other COVID-19 resources**

<u>COVID-19: impact on vaccination programmes</u> Updated reports assessing the impact of COVID-19-related physical distancing measures on delivery of childhood vaccination programmes in England.

Behaviour change interventions investment needed to reduce health inequalities A new British Psychological Society briefing paper, 'Behavioural science investment needed to mitigate long-term health impacts of Covid-19', is now available.

### **Guidance**

<u>Diabetic eye screening: care pathway</u> This updated document describes the diabetic eye screening (DES) pathway.

New NICE guidelines for shared decision making The new guideline offers advice on how to engage people in the shared decision-making process through honest conversation and by providing information resources before, during and after appointments.

#### **Evidence alerts**

Breast cancer screening: women with poor mental health are less likely to attend appointments Not attending cancer screening could partly explain why people with mental health conditions die younger than the general population. It means that cancer is more likely to be diagnosed later when it is less treatable.

Gabapentin does not reduce long-term pelvic pain Gabapentin should not be used to treat women with long-term (chronic) pelvic pain. New research found that the drug does not reduce pain, nor does it improve women's physical and emotional wellbeing, compared to a dummy pill (placebo). Gabapentin was also linked to serious side effects.

Nurses and pharmacists are key to improving access to end of life medicines for people being cared for at home Improved access to end of life (palliative) medicines is likely to help many people control their pain. New research found that most people receiving palliative care at home get prescriptions from their GP. The researchers suggest that more community-based nurses should be trained to prescribe.

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## **Resource**

<u>Updated RCN resources highlight the importance of breaks for nursing staff</u> The Rest, Rehydrate and Refuel initiative emphasises the need for nursing staff to take their rest breaks and have access to water and healthy food during shifts.

# **News**

What's behind the rising profile of transgender kids? This piece pulls together key findings of research into transgender youth from a health perspective.

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