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Studies

Parents and carers of children with an intellectual disability: what do we know about their wellbeing? This post provides a review of a study on childhood intellectual disability and parents' wellbeing, which integrates social, psychological and genetic influences.

Brain activity patterns may distinguish girls with autism Atypical patterns of neuronal activity and gene expression in the striatum may characterize autism in girls, according to a new study.

Brain structures grow differently in boys, men with autism Autistic boys and men show notable differences in brain development, according to magnetic resonance imaging scans taken over a 16-year period.

People with a learning disability should not be protected from the 'everyday' highs and lows of relationships A new study has emphasised the importance of a loving relationship as a source of pleasure and meaning in the lives of adults with intellectual disabilities, an area that has historically been hindered with only their basic physical needs being seen as important.

More research needed into ageing and dying well with intellectual disabilities
There is a 'pressing' need to develop evidence-based research on ageing well
and dying well with intellectual disabilities given the huge impact Covid-19 has
had upon those living in generic care homes, according to a new study.

Quality of hospital care for people with learning disabilities needs urgent attention, new study finds A recently published narrative review found people with learning disabilities appear to experience poorer patient safety outcomes in hospital. The involvement of family and carers, and understanding and effectively meeting the needs of people with learning disabilities may play a protective role. Promising interventions and examples of good practice exist, however many of these have not been implemented consistently and warrant further robust evaluation.

<u>Diabetes care for adults with learning disabilities is not optimal</u> Adults with learning disabilities and diabetes are more likely to have health problems than people with diabetes who do not have learning disabilities, according to new research which identified 12 barriers to optimal diabetes care for adults with learning disabilities.

Strategy

CQC launches new strategy for monitoring the health and care services autistic people use The Care and Quality Commission (CQC) has launched its new strategy, setting out commitments for how it regulates the health and social care services used by many autistic people – putting people who use services at the centre.

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Workshop

<u>Learning disabilities workshop</u> As part of the Aintree learning disabilities programme, Nesta are holding a virtual workshop on 2 July, between 10am to 12 noon. This workshop will build on the <u>citywide event</u> held on 7 April 2021. It will be an opportunity to:

- Hear about the work that the team in Aintree and the leadership group have been doing over the past three months to reduce health inequalities experienced by people with learning disabilities
- Understand how we can build on what has changed and what we have learned to continue improving the lives of people with learning disabilities in Liverpool
- Plan the next steps so we can take action together across the city.

To register through Eventbrite click <u>here</u>.

<u>Analysis</u>

Autistic and learning disabled people restrained once every 12 minutes, research finds Mencap and the Challenging Behaviour Foundation (Cbf) have revealed in a new casebook that thousands of autistic and learning disabled people are at increased risk of abuse.

<u>The analysis</u> by the charities has revealed that there have been 102,010 recorded reports of restrictive practices in ATUs since October 2018, this equates to one every 12 minutes. Restrictive practices include, physical, chemical and mechanical restraint, as well as solitary confinement.

Statistics

Number of autistic people in mental health hospitals: latest data This article discusses the evidence from Assuring Transformation NHS Digital data which shows 10 years on from the Winterbourne View scandal and over 1,000 autistic children and adults continue to be in inpatient mental health hospitals in England.

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