

## **Key COVID-19 resources**

These resources are regularly updated

[Government Guidance](#) Find updated guidance about coronavirus (COVID-19) for health professionals and other organisations.

[NICE Guidance](#) Advice and guidance from the National Institute for Health and Care Excellence.

## **Other COVID-19 resources**

[Coronavirus \(COVID-19\) testing for hospices](#) Sets out how hospices can access COVID-19 testing for staff and patients on-site, for staff visiting patients in their own homes, and for visitors to hospices.

[Coronavirus \(COVID-19\) testing for adult day care centre workers and service users](#) Updated information sets out how eligible adult day care centres in England can order, test and register regular PCR and lateral flow tests for all staff and service users.

[Coronavirus \(COVID-19\) testing for homecare workers: information for agencies](#) Updated information sets out how homecare agencies in England can order regular tests for their homecare (domiciliary care) staff.

[Coronavirus \(COVID-19\) testing service for extra care and supported living settings](#) Updated guidance on regular retesting for extra care and supported living settings that meet the eligibility criteria.

[JCVI interim advice on a potential coronavirus \(COVID-19\) booster vaccine programme for winter 2021 to 2022](#) Interim advice from the JCVI on the requirements for a potential COVID-19 booster vaccination programme for winter 2021 to 2022.

[Long Covid and Post Covid Syndrome factsheet published](#) The Self Care Forum has published a new Long Covid/Post Covid Syndrome factsheet.

[Research shows two million people may have had Long Covid](#) More than two million people in England are thought to have had one or more COVID-19 symptoms lasting at least 12 weeks. The findings suggest prevalence of Long Covid increases with age, with a 3.5% increase in likelihood in each decade of life.

[NHS launches online service to find nearest walk-in jab site](#) The NHS COVID-19 Vaccination programme launched a new online service that lets people find their nearest walk-in centre by entering their postcode.

## **Briefing**

[Tackling obesity: the role of the NHS in a whole-system approach](#) This briefing explores the role of the NHS in tackling obesity, focusing on how the NHS can work with local partners and engage with communities to deliver targeted interventions to treat and prevent obesity.

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## **Systematic Reviews**

[Parkinson's disease and cancer: a systematic review and meta-analysis of over 17 million participants](#) This systematic review found inverse associations between Parkinson's disease and cancer for both smoking related and non-smoking related cancers. PD was positively associated with melanoma.

[Non-pharmacological interventions for spatial neglect or inattention following stroke and other non-progressive brain injury](#) The effectiveness of non-pharmacological interventions for spatial neglect in improving functional ability in ADL and increasing independence remains unproven. Many strategies have been proposed to aid rehabilitation of spatial neglect, but none has yet been sufficiently researched through high-quality fully powered randomised trials to establish potential or adverse effects.

[Interventions for reducing sedentary behaviour in people with stroke](#) Sedentary behaviour research in stroke seems important, yet the evidence is currently incomplete. The evidence is currently not strong enough to guide practice on how best to reduce sedentariness specifically in people with stroke.

[Transurethral microwave thermotherapy for the treatment of lower urinary tract symptoms in men with benign prostatic hyperplasia](#) An updated systematic review assessing the effects of transurethral microwave thermotherapy for the treatment of lower urinary tract symptoms in men with benign prostatic hyperplasia.

## **Studies**

[Loneliness is strongly linked to depression in older adults in a large, long-term study](#) New research estimates that up to one in five cases of depression among older adults could be prevented by reducing loneliness.

[People with painful rheumatic conditions are at increased risk of self-harm](#) People with painful rheumatic conditions such as fibromyalgia, rheumatoid arthritis, and osteoarthritis are at increased risk of self-harm. New research found the risk was highest for those with fibromyalgia, who were twice as likely to harm themselves as people without the condition.

[GPs may help people at risk of self-harm by asking open questions, acknowledging distress, and exploring positive reasons for staying alive](#) Simple changes to the way doctors ask questions about self-harm and suicidal thoughts could improve conversations with vulnerable patients and enable access to help and support. A new study found that doctors tend to ask closed questions and, in some instances, inadvertently reinforce the stigma associated with suicide

[Misconceptions about acne lead to underuse of effective treatments; people need reliable information to manage the condition long-term](#) This review suggests that misconceptions about causes and treatments are common. These misunderstandings could be behind people's decisions not to start, or not to persist with, effective medical treatments.



## Guidance

[Screening for Down's syndrome, Edwards' syndrome and Patau's syndrome: NIPT summary information](#) Summary information about non-invasive prenatal testing (NIPT) as part of screening for Down's syndrome, Edwards' syndrome and Patau's syndrome in the NHS.

[Health matters: midlife approaches to reduce dementia risk](#) Updated information on midlife approaches to reduce dementia risk.

[NICE Guideline: Acne vulgaris: management](#) This guideline covers management of acne vulgaris in primary and specialist care. It includes advice on topical and oral treatments (including antibiotics and retinoids), treatment using physical modalities, and the impact of acne vulgaris on mental health and wellbeing.

[Mental Capacity \(Amendment\) Act 2019: Liberty Protection Safeguards \(LPS\)](#) Legislation and guidance on the Liberty Protection Safeguards (LPS) and the latest information on progress towards their implementation.

[Child and family weight management services grant determination 2021 to 2022](#) Information for local authorities in England about the grant, which will support local authorities to commission weight management services in 2021 to 2022.

## Reports

[SACN statement on nutrition and older adults](#) The Scientific Advisory Committee on Nutrition (SACN) position statement on nutrition and older adults living in the community.

[SACN rapid review: Vitamin D and acute respiratory tract infections](#) The Scientific Advisory Committee on Nutrition (SACN) rapid review on vitamin D and acute respiratory tract infections (ARTI) has been updated.

[Five principles for post-COVID-19 digital healthcare](#) A new report by Healthwatch England explores people's experiences of digital and remote healthcare and sets out five principles for post-COVID19 care to ensure no one is left behind.

[Failure to reach migrants living with HIV](#) The Government and NHS are failing to reach and support migrants in the UK living with or at risk of HIV, according to a report from the National AIDS Trust.

## News

[Chlamydia screening to focus on reducing harm](#) England's National Chlamydia Screening Programme (NCSP) is changing to put a greater emphasis on reducing the harm of untreated infections on young women's reproductive health.

[Funding boost for young people's mental health services](#) An extra £40 million has been allocated to address the COVID impact on children and young people's mental health and enhance services across the country.