

July in the library starts with [Health Information Week](#) (5-11 July), a national, multi-sector campaign promoting high-quality information for patients and the public. The Library Team will be supporting this campaign by promoting useful resources on the library blog and on Twitter. July is also home to the Samaritan's annual [Talk to Us](#) awareness campaign. Samaritans branches in the UK and Republic of Ireland will be holding local events to raise awareness that Samaritans are there to listen to anyone who's struggling to cope, at any time of the day or night. Some other dates for your diary this month:

July 5-11 — [National Hygiene Week 2021](#) — to help raise awareness that hygiene poverty is real for many of the over 14 million living in poverty in the UK.

July 25 — [National Schizophrenia Awareness Day](#) – shines a light on the challenges faced by hundreds of thousands of people living with a diagnosis of schizophrenia in the UK and millions more worldwide.



RESOURCE OF THE MONTH

MAUDSLEY PRESCRIBING GUIDELINES IN PSYCHIATRY

The Maudsley Prescribing Guidelines is the essential reference for the prescribing of drugs for patients with mental health disorders.

The e-book (also available to download as a PDF) provides up-to-date information, expert guidance on prescribing practice in mental health, including drug choice, treatment of adverse effects and how to augment or switch medications.

The text covers a wide range of topics including pharmacological interventions for schizophrenia, bipolar disorder, depression and anxiety, and many other less common conditions.

Accessible with an Open Athens account



Log in with your [Open Athens](#) account

Visit our [padlet page](#) or contact the Library for more information: academic.library@lscft.nhs.uk

We are LSCft

[f @WeAreLSCFT](#) [t @WeAreLSCFT](#) [@ @WeAreLSCFT](#)

New titles added to our Quick Reads collection:



Visit the [library catalogue](#) for other titles in the collection.

How do I...?

Use the Self-Issue Machine?

If you have a library card you can check out, renew or return books in the library using the self-issue machine.

Simply **choose an action** (check out, renew or return), **scan your library card** on the infra red box and **place the book on the shelf** as indicated on the screen. **Print your receipt** and **remove the book**. Books being returned can then be placed in the returns bin next to the self-issue machine.

Lunch and Learn

Thankyou to all who attended our June session– Strategy, if you missed it you can watch the recording [here](#). Please leave us any feedback by completing our [short survey](#).

• SHARING KNOWLEDGE •

LUNCH AND LEARN WITH CHRIS CARLSEN

Wednesday 21st
July
12pm- 1pm



A session based around a Greener NHS - Net Zero

WHO?

Chris Carlsen is the Environmental Manager for Healthcare Support & Information Services, a wholly owned subsidiary of Lancashire & South Cumbria NHS Foundation Trust

WHAT?

Chris will be talking about a Greener NHS - Net Zero, Sustainable Development, The Trust's Greener Plan and Climate Change

HOW?

All Library members will receive a Teams invite to attend the session. Email carmel.smith@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.