# **Public Health**

Current Awareness Bulletin 23 July 2021



# LGBTQ+

'If you're not counted, you don't count': what can be done to tackle LGBTQ+ health inequalities?

People who identify as LGBTQ+ experience disproportionately worse health outcomes and have poorer experiences when accessing health services. This 35 minute podcast explores the health inequalities LGBTQ+ people face and what needs to happen to make sure health services are inclusive.

Link

# **INTEGRATED CARE SYSTEMS**

Understanding integration: how to listen to and learn from people and communities

Over the past year, Picker and The King's Fund have been working with NHS England and NHS Improvement on how ICSs can listen to and learn from people and communities. We have produced a practical guide for partners working in these systems, with ideas on how they might go about this.

Link

# WINTER HEALTH

Why we are preparing for a worst-case scenario winter season

Alongside COVID-19 there remain other serious threats that stretch our health and social care services every year. Right now, to ensure health services plan for these as well as for the continuing pandemic, Public Health England is looking forward to autumn and winter, ensuring they prepare for the challenges winter will bring.

Link

#### NHS

Attitudes towards and experiences of the NHS during Covid-19: views from patients, professionals and the public

Throughout the pandemic, research has been taking place to understand how patient, public and professional attitudes towards the NHS have been shaped by the experience of Covid-19 and to explore expectations and priorities for the future. The research has been carried out in 3 phases and this report looks at responses from Phase 3: May-June 2021

Link

# NHS England proposes new mental health access standards

The NHS is set to take another major step towards improving patient access to mental health services with the introduction of five new waiting time guarantees. The proposals include: patients requiring urgent care will be seen by community mental health crisis teams within 24 hours of referral, with the most urgent getting help within four hours.

Link

# **EXERCISE**

# Change4Life 10 minute shake up

The 10 minute shake up is back! Change4Life and Better Health have teamed up with Disney, Pixar and Marvel to bring children and families brand new playalong games inspired by movie characters. Families can order a free Shake Up pack or try some of the games online. Great for keeping active over the summer holidays.

Link



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