**NHS Lancashire & South Cumbria NHS Foundation Trust**

### Systematic Review

[Risk factors for LGBTQ+ youth self-harm and suicide](#)

Review of a recent systematic review and meta-analysis on victimisation and mental illness prevalence among LGBTQ+ young people with experiences of self-harm and suicide.

### Studies

[Suicide risk in transgender and gender diverse people](#)

Exploration of trends in suicide death risk among transgender people by drawing on findings from the Amsterdam Cohort of Gender Dysphoria Study.

[Investigating the relationship between childhood sexual abuse, self-harm repetition and suicidal intent: mixed-methods study](#)

CSA was frequently reported among people who frequently self-harm, and associated with self-harm repetition. Identification of patients at risk of repetition is key for suicide prevention.

[Hospital presentations for self-harm: a window of opportunity to prevent or treat psychosis and bipolar disorder](#)

Review of a Finnish cohort study which suggests that hospital presentations for self-harm represent a clear opportunity for the identification and subsequent treatment of psychosis and bipolar disorder.

### News

[Meeting the challenge: next steps on self-harm in Scotland](#)

This article from The Samaritans describes their continuing work on understanding self-harm continues in collaboration with colleagues across sectors in Scotland and those with lived experience of self-harm.

[WHO spotlight on our suicide prevention expertise](#)

The Black Dog Institute's ['Live Life: an implementation guide for suicide prevention in countries'](#) has been showcased by the World Health Organisation (WHO) in its latest implementation guide.

[Helping People with Psychosis Feel Less Distressed May Help Reduce the Risk of Self-harm](#)

New research shows that by lessening the severity and impact of persecutory symptoms of psychosis, it may be possible to reduce the likelihood of someone with psychosis having thoughts of suicide or harming themselves.