





Community and Mental Health Services

16 September 2021

Please visit https://www.evidentlybetter.org/bulletins/suicide-prevention/ to view our webpage featuring key links and emerging reports about suicide prevention.

Systematic Review

Risk factors for suicide in men: new review highlights substance misuse, marital status and depression

Summary of a recent systematic review and narrative synthesis of risk factors for suicidal behaviour in men, which finds that substance misuse, marital status and depression are the strongest risk factors.

Study

The best terminology to describe self-harm: "There is more that unites us than divides us" Review of a recent study examining international definitions of English-language terms for suicidal and self-harm behaviours.

Guidance

New Resource: Mental Health Media Guide

A coalition of mental health experts and entertainment industry leaders recently released the Mental Health Media Guide, a resource to help content creators develop accurate and authentic mental health portrayals. The guide includes information on a wide range of mental health topics, including a section on suicide prevention that was informed by the National Action Alliance for Suicide Prevention's National Recommendations for Depicting Suicide.

Statistics

Quarterly suicide death registrations in England: 2001 to 2020 registrations and Quarter 1 (Jan to Mar) to Quarter 2 (Apr to June) 2021 provisional data

Provisional rate and number of suicide deaths registered in England per quarter. Includes 2001 to 2020 registrations and provisional data for Quarter 1 (Jan to Mar) to Quarter 2 (Apr to June) 2021.

Resources

Access to free resources at Springer Nature

September marks several suicide prevention awareness campaigns around the world. For September, the publisher Springer Nature has made a selection of their suicide prevention content entirely free to access.

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News

<u>Samaritans is proud to lead new suicide prevention consortium</u>

The Department of Health and Social Care have announced the members of the Voluntary, Community and Social Enterprise (VCSE) Health and Wellbeing Alliance for 2021-24, including the new Suicide Prevention Consortium, led by Samaritans. The consortium aims to harness the collaborative efforts of its members to identify and prevent inequalities which lead to increased risk of suicide.

Sinking feeling animation launch

PAPYRUS has launched Sinking Feeling, a new animation created in collaboration with the BAFTA Award-winning animation studio, Blue Zoo. Sinking Feeling tackles the heartbreaking reality that many children and young people are suffering in silence without the vital help and support they need.

Suicide still treated as a crime in at least 20 countries, report finds

One in every 100 deaths is a suicide: campaigners say criminalisation deters people seeking the help they need.

Webinar

Myths and Facts: Suicide during the pandemic, 24 Sept

To commemorate Suicide Prevention Day, Elsevier will be hosting a panel where questions around suicide prevention will be discussed between Niall Boyce, Founder Editor of The Lancet Psychiatry and Prof. Nav Kapur, Head of Research at the Centre for Mental Health and Safety in the University of Manchester. Then, they will highlight the efforts of Public Health Scotland to support Healthcare workers with evidence based content through their COVID19 repository.

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