

BETTER INFORMATION PROGRAMME TRAINING

Book your place on our misinformation and health literacy training

Empower your clients, users and communities to make more information decisions about their health by attending our Better Information Programme training. There are two courses: Health Literacy Awareness and Introduction to Misinformation. Training free and delivered online via MS Teams.

[Link](#)

COMMUNITIES

Coronavirus Community Support Fund Showcase Studies

During the pandemic, the National Lottery developed the Coronavirus Community Support Fund to increase community support to vulnerable people and reduce temporary closures of essential charities and social enterprises. 21 case studies of groups who received funding for various projects have been produced and are accessible here.

[Link](#)

AGE FRIENDLY

Coronavirus, older Black people and health inequalities in the UK

In the first Age UK's articles for Black History Month 2021, Dr Elizabeth Webb examines the updated picture of how COVID-19 is impacting Black older people and what this tells us about continuing health inequalities.

[Link](#)

COVID-19

Key questions on the children and young people's COVID-19 vaccination programme

The COVID-19 vaccination programme for children aged 12-15 years has now started. Thousands of young people across the country have already taken the opportunity to receive their vaccine. This blog answers key questions on the programme.

[Link](#)

HOMELESSNESS

Integrated health and social care for people experiencing homelessness

NICE have developed a draft guideline on Integrated health and social care for people experiencing homelessness. Comment as an organisation or individual by Wednesday 3rd November 2021.

Consultation information: [Link](#)

Draft guideline: [Link](#)

STRENGTH & BALANCE

Standing on one leg is a sign of good health – and practising is good for you too

Research shows that people's ability to stand on one leg is an indicator of health and that getting better at standing on one leg can add to fitness and potentially lifespan. This article looks at the research on why standing on one leg matters and whether you should start. It also links to some useful exercises.

[Link](#)

