

We have a busy December in the library, starting with two Lunch and Learn sessions. On 2nd we have the Strategy & Business Development Team presenting a session on the Trust Strategy and on 13th Joanne McLoughlin will be talking to us about Fatigue. Please see the posters below for more details. We are looking for speakers to present sessions for us in the new year so please get in touch with us if you are interested in getting involved.

Important news for CPD Online users: The Royal College of Psychiatrists are upgrading their website for this resource, which is available for consultants within the trust. The college have asked us to remind users to download any certificates that they have obtained as soon as possible as these will not be accessible on the new website.

How do I...?

Work within copyright rules?

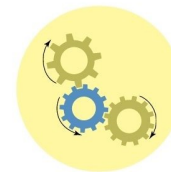
The Copyright Licensing Agency Licence for the NHS in England allows NHS staff to copy and share extracts from most printed and digital published works.

See this [poster](#) for more details or for help please email the library team:

Academic.library@lscft.nhs.uk

• SHARING KNOWLEDGE • LUNCH AND LEARN WITH THE STRATEGY & BUSINESS DEVELOPMENT TEAM

Thursday 2nd
December
12pm- 1pm



A session based
around the Trust
Strategy

WHO?

The Strategy and Business Development Team.

WHAT?

A presentation including a short video regarding our Trust Strategy, which includes our vision, values and strategic priorities. There will be an opportunity for people to ask questions and let the team know how you think the strategy is being, or can be, delivered in your area of work.

HOW?

All library members will receive a Teams invite to attend the session. Email carmel.smith@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.

• SHARING KNOWLEDGE • LUNCH AND LEARN WITH JOANNE MCLOUGHLIN

Monday 13th
December
12pm- 1pm



A session based
around Fatigue

WHO?

Joanne McLoughlin, Professional OT Lead

WHAT?

Joanne will be talking on the topical issue of fatigue.

HOW?

All library members will receive a Teams invite to attend the session. Email carmel.smith@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.

RESOURCE OF THE MONTH THERAPIST AID

Essential tools for mental health professionals; therapy worksheets, audio, activities, and more

Therapist Aid is dedicated to helping mental health professionals improve their craft by providing free evidence-based education and therapy tools.

The resources have been created with clients in mind, which means avoiding jargon, and creating tools that are not only useful in theory, but in practice.

Many of the tools can be downloaded freely from the website, however, the library has a subscription to this resource so please email us for help with premium downloads or for more information: academic.library@lscft.nhs.uk.



SCAN ME

We are
LSCft

[f](#) @WeAreLSCFT

[t](#) @WeAreLSCFT

[i](#) @WeAreLSCFT

Visit the library [catalogue](#) to browse our collection of print and e-books or email us with any requests: academic.library@lscft.nhs.uk

For any more information, support or queries regarding any resources in this newsletter please email:

Academic.library@lscft.nhs.uk

Opening Hours:

8:30am –4:30pm Monday to Friday

The Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW