

Studies

Consumption of coffee and tea and risk of developing stroke, dementia, and poststroke dementia: A cohort study in the UK Biobank

The article found that drinking coffee and tea separately or in combination were associated with lower risk of stroke and dementia. Intake of coffee alone or in combination with tea was associated with lower risk of poststroke dementia.

Discovery of a novel pseudo β -hairpin structure of N-truncated amyloid- β for use as a vaccine against Alzheimer's disease

Active immunisation of two mouse models of AD with the TAPAS vaccine led to a striking reduction in amyloid plaque formation, a rescue of brain glucose metabolism, a stabilisation in neuron loss, and a rescue of memory deficiencies. Treating both models with the humanised version of the TAPO1 antibody had similar positive effects.

<u>Research volunteers help detect poorer memory in those who were more anxious</u> <u>during pandemic</u>

New research suggests older people who were more anxious and depressed during the first year of the COVID-19 pandemic had an average decline in their short-term memory equivalent to six years of natural ageing.

Cochrane Clinical Answers

What are the effects of multi-domain interventions for prevention of dementia and cognitive decline?

Evidence shows that multi-domain interventions slightly reduced cognitive decline when measured by score on the Neuropsychological Test Battery (NTB) (highcertainty evidence) but score on the Mini-Mental State Examination (MMSE) showed little to no difference between groups (moderate-certainty evidence).

Report

All Party Parliamentary Group on Dementia report

The Conservative Party manifesto for the 2019 general election pledged that finding a cure for dementia would be one of the Government's biggest priorities. In a report published in September 2021, the All Party Parliamentary Group on Dementia made a central recommendation that the Government should implement its funding pledge as soon as possible.







Publication

Dementia Care Principles for People in Prison

This document sets out the five principles, based on evidence gathered from people living with dementia, carers and practitioners, that form a shared commitment to improving dementia care in prisons. The tool can be used to benchmark current practice and completed again at intervals to monitor progress.

Guidance

The human cost of NHS continuing healthcare for families with dementia

For anyone who is living with dementia, with the condition's progressive nature and potential to lead to spiraling care costs, NHS continuing healthcare can be a lifeline. It is a package of care that is fully paid for by the NHS, for adults with longterm, complex health needs; assessments hinge on how challenging people find everyday activities and the level of independence they have to perform them.

Advice

<u>Twelve tips for Christmas, from our Admiral Nurses</u>

Christmas can be the most magical time of the year, but it can also be stressful and emotionally challenging, especially for those affected by dementia. Our Admiral Nurses have pulled together a list of tips to help you have the happy and relaxing Christmas that you deserve.

News

Why researchers are turning to music as a possible treatment for stroke, brain injuries and even Parkinson's

Given the powerful effect that music has on the brain, researchers are investigating whether it can be used to treat many different neurological conditions – such as stroke, Parkinson's disease or brain injury. One such treatment currently being investigated for use is neurologic music therapy.