

## Studies

### [A highly personalised approach to end of life care is needed to help Gypsy, Traveller and Roma communities](#)

Better understanding of the Gypsy, Traveller and Roma communities would help develop healthcare services which are more acceptable to them. New research explored values and beliefs in communities, along with the practical barriers their members face in accessing healthcare.

### [Research shows some types of HRT are linked to lower risks of breast cancer](#)

Women considering hormone replacement therapy (HRT) can be reassured about the risk of breast cancer. New research suggests that HRT is generally linked to only small increased risks.

### [Special arthritis gloves are no better at reducing pain and stiffness than looser-fitting gloves](#)

Special arthritis gloves are no more effective than looser-fitting alternatives in reducing hand pain and stiffness, new work has shown.

### [Vaccinating teenagers reduces the spread of flu, model shows](#)

Young people are thought to drive the spread of seasonal influenza (flu) while rarely becoming seriously ill themselves. A computer model developed before the pandemic showed the benefits of including teenagers in the vaccination programme.

### [Vision screening for all stroke survivors would identify many who need support](#)

Many stroke survivors have undiagnosed vision problems. A new study found that more than half of those with a new visual impairment do not – or cannot – report symptoms.

### [Better pathways promote physical activity and can decrease health inequalities](#)

Better pathways promote walking and cycling among local residents. New research has shown that features of the pathways influence which groups of people use them most.

### [Time trends in access to smoking cessation support for people with depression or severe mental illness: a cohort study in English primary care](#)

There was no evidence of consistent inequalities in access to GP-delivered smoking cessation interventions for people with mental health conditions. Smoking cessation advice was widely reported as taking place in all groups.

### [Maternal prenatal anxiety and depression and trajectories of cardiometabolic risk factors](#)

Findings suggest that prevention of maternal prenatal anxiety and depression may have limited impact on offspring cardiometabolic health across the first two decades of life.

### [Secondary school students' perception of the online teaching experience during COVID-19: The impact on mental wellbeing and specific learning difficulties](#)

Secondary school children struggled to concentrate and engage with schoolwork in the move to online learning during lockdown, negatively affecting their confidence and wellbeing.

## Guidance

### [Pelvic floor dysfunction: prevention and non-surgical management](#)

This guideline covers the prevention, assessment and non-surgical management of pelvic floor dysfunction in women aged 12 and over.

### [NICE publishes new guidance on tobacco](#)

NICE has published a new guideline covering support to stop smoking for everyone aged 12 and over.

### [Visiting arrangements in care homes](#)

Updated to add new restrictions on care home visiting due to the new Omicron variant of COVID-19.

## Reports

### [Integration and innovation in action: virtual care](#)

An in-depth look at how NHS organisations are using virtual care to improve outcomes for patients and local communities.

### [Our ageing population: How ageing affects health and care need in England](#)

This report explores how health and care needs change with age, how the relationship between need and age has changed over time and how long-term conditions and social care needs interact.

### [Going it alone: health and Brexit in the UK](#)

After nearly a year out of the Single Market and Customs Union, Brexit is still fuelling uncertainty in many aspects of health and social care. This report looks at six key areas that are being impacted, what has already happened and what NHS, government and business figures expect for the future.

### [Integrating health and social care: A comparison of policy and progress across the four countries of the UK](#)

This report looks at the impact of integration of health and social care across the four countries and compares the policies and approaches each one has trialled to deliver their goals.

## Statistics

### [Adult social care workforce survey: December 2021](#)

Experimental statistics from responses collected from almost 9,000 adult social care settings in England around issues such as morale and recruitment.

### [Mental health statistics: prevalence, services and funding in England](#)

This research briefing describes current prevalence and treatment of mental ill-health in England.

### [Decrease in number of people having cervical screening tests in 2020-21, new statistics show](#)

Latest annual figures on cervical screening show the number of individuals being tested fell slightly in 2020-21 compared to the previous year.

## Case Study

[Supporting the refugee community in Kirklees](#)

Improving mental and physical health outcomes for asylum seekers and refugees through holistic support.

## Audio

[Dr David Oliver: If we really want to focus on prevention, we've got to put our money where our mouth is](#)

Dr David Oliver on rethinking approaches to delayed discharges, opportunities for better partnership working and experience of the COVID-19 frontline.

## Patient Story

[Making the case for clear language in diagnosis information](#)

In this article for the Patient Information Forum, Anneliese Levy outlines what healthcare professionals and patients can learn from her experience helping her father through his prostate cancer diagnosis.

## News

[Liberty Protection Safeguards: delay to implementation](#)

DHSC has written to the Liberty Protection Safeguards (LPS) national steering group to announce that the aim to implement the LPS by April 2022 cannot be met.

[Hundreds of thousands more over-65s gambling online than before the pandemic](#)

Hundreds of thousands more over 65-year-olds are gambling online than were at the start of the pandemic, some of whom could be at risk of developing a gambling disorder.