**Digital Mental Health**
Current Awareness Bulletin
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NHS
Greater Manchester
Mental Health
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## AI and Machine Learning

**Exploring machine learning to predict depressive relapses of bipolar disorder patients**
**Journal of Affective Disorders**

**Toward reduced burden in evidence-based assessment of PTSD: a machine learning study** Assessment

## Internet-based

**Associations between electronic devices use and common mental traits**
**Addiction Biology**

**Internet-based psychological therapies: a qualitative study of NHS commissioners and managers** Psychology and Psychotherapy

## Mobile Technology

**Portable technologies for digital phenotyping of bipolar disorder: systematic review**
**Journal of Affective Disorders**

**Transitioning transdiagnostic CBT from face-to-face to telephone delivery during the coronavirus pandemic** Clinical Case Studies

**Using smartphone technology to improve prospective memory functioning**
**Journal of the American Geriatrics Society**

**Voice analyses using smartphone-based data in patients with bipolar disorder, unaffected relatives and healthy controlled individuals, and during different affective states** International Journal of Bipolar Disorder

## Telehealth

**Providing cognitive behavioral group therapy via videoconferencing: lessons learned from a rapid scale-up of telehealth** Practice Innovations

**Telemental health use and refugee mental health providers following COVID-19 pandemic** Clinical Social Work Journal

**Through COVID-19 and beyond: developing a multidisciplinary telehealth family intervention in first episode psychosis** Irish Journal of Psychological Medicine

**Using the Double Diamond model to co-design a dementia caregivers telehealth peer support programme** Journal of Telemedicine and Telecare

**Zone  in to zone out: therapists report less therapeutic skill in telepsychology versus face-to-face therapy during the COVID-19 pandemic** Psychotherapy

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