





Community and Mental Health Services

22 December 2021

Please visit https://www.evidentlybetter.org/bulletins/suicide-prevention/ to view our webpage featuring key links and emerging reports about suicide prevention.

Best Practice

Outpatient Care Transitions Self-Assessment and Action Planning

The US-based National Action Alliance for Suicide Prevention (<u>Action Alliance</u>) has designed a <u>self-assessment</u> and <u>action planning template</u> to help outpatient behavioral health care systems assess and improve their care transitions according to <u>best practices</u>.

Report

The Mental Health and Well-being of LGBTQ Youth who are Intersex

This report uses data from a national sample of over 1,000 intersex youth ages 13-24 and grows our understanding of the mental health and well-being of this often overlooked group.

- 48% of intersex youth seriously considered suicide in the past 12 months, compared to 41% of LGBTQ youth who are not intersex
- 19% of intersex youth attempted suicide in the past 12 months, compared to 14% of LGBTQ youth who are not intersex

Statistics

Quarterly suicide death registrations in England: 2001 to 2020 registrations and Quarter 1 (Jan to Mar) to Quarter 3 (July to Sept) 2021 provisional data

Provisional rate and number of suicide deaths registered in England per quarter. Includes 2001 to 2020 registrations and provisional data for Quarter 1 (Jan to Mar) to Quarter 3 (July to Sept) 2021. <u>Dataset</u>

News

You're Not Alone – ZSA reaches out to those in need

Zero Suicide Alliance are highlighting the increased pressures felt by some at this time of year, and how others can open up and help them, with the launch of their new video and song called You're Not Alone.

<u>Samaritans in Northern Ireland releases Key Priorities for Preventing Suicide for 2022</u> Assembly Election

Samaritans in Northern Ireland have released Key Priorities for Preventing Suicide in Northern Ireland. This new document outlines the policy actions politicians can take to reduce the rates of suicide in Northern Ireland.

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