

Study

[Combination inhaler is effective in mild asthma](#)

People with mild asthma often have two inhalers. One (usually blue) inhaler contains reliever medicine to treat symptoms when they occur. The other contains steroids to make the airways less sensitive. New research tested a single inhaler, combining both drugs and used only when people have symptoms. The study found it is an effective treatment for mild asthma.

White Paper

[Health and social care integration: joining up care for people, places and populations](#)

This white paper sets out measures to make integrated health and social care a universal reality for everyone across England regardless of their condition and of where they live.

Strategy

[Data saves lives: reshaping health and social care with data \(draft\)](#) (Updated)

The draft strategy sets out ambitious plans to harness the potential of data in health and care, while maintaining the highest standards of privacy and ethics.

Briefings

[Autism – overview of policy and services](#)

This briefing provides an overview of policies and services for people with autism spectrum disorder in England.

[The Independent Medicines and Medical Devices Safety Review](#)

This briefing provides an overview on the Independent Medicines and Medical Devices Safety review, its findings, and the Government action in response to its recommendations.

[Coronavirus: Adult social care key issues and sources](#)

This briefing provides an overview of key issues facing the adult social care sector during the coronavirus (Covid-19) pandemic, and provides links to some of the key official guidance for the sector.

[Levelling up the UK: what you need to know](#)

The NHS Confederation provides an overview and analysis of the levelling up white paper and what it means for the health and care sector.

Statistics

[Personal well-being by age group, non-seasonally adjusted quarterly estimates](#)

Quarterly estimates of life satisfaction, feeling that the things done in life are worthwhile, happiness and anxiety, by age group in the UK. Estimates are non-seasonally adjusted and cover the period Quarter 1 (Jan to Mar) 2019 to Quarter 2 (Apr to June) 2021.

Reports

[Report reveals lack of confidence in post-pandemic recovery](#)

PIF member the Patients Association has published a report into patient experience 'before the omicron wave'.

[The state of integrated care systems 2021/22](#)

An assessment of integrated care systems' progress in 2021/22, based on the views of system leaders across England.

[Digital primary care: Improving access for all? Rapid evidence review](#)

With so many changes to way patients access care at their GP surgery, including a shift to online booking, 'total triage', and remote consultations - are these changes to primary care a move in the right direction? This evidence review looks at international and UK evidence to draws together key insights for policy-makers and GP practices.

Guidance

[Science of superheroes: wellbeing edition](#)

A wellbeing guide to help older children and young people to successfully manage their mental health.

Case Study

[Digital media for sexual health promotion](#)

Interactive digital interventions (IDIs) are effective for sexual health promotion and HIV prevention. They could be rolled out much more widely to complement school sex and relationships education and sexual health services.

Campaign

[New national cervical screening campaign launches](#)

A new national campaign is calling on those eligible not to ignore their invite, as data reveals nearly 1 in 3 don't take up the offer of cervical screening.

Surveys

[PIF members endorse target reading age for health information](#)

Survey reveals strong support for target reading age of 9-11 years old for health information.

[Tackling the increase in demand for mental health support in children and young people](#)

Recent survey results reinforce the urgent need for more funding to support the growing demand for children and young people's mental health services.

Independent Reviews

[Government launches landmark reviews to tackle health disparities](#)

The government announces leads for independent reviews into ethnic inequalities for medical devices and tobacco control.

Inquiry

[Inquiry highlights urban-rural divide in accessing healthcare](#)

A major inquiry into rural health and care has found many residents are 'comparatively disadvantaged throughout the life-course'.

News

[NICE recommends new drug for people living with obesity](#)

Thousands of people living with obesity are set to benefit from a new drug which has helped those using it to reduce their weight by more than 10 per cent.

[Eating disorders in children at crisis point, as waiting lists for routine care reach record levels](#)

The number of under-19s waiting for routine eating disorder treatment has reached record levels despite services treating fewer people than at the same point last year, says the Royal College of Psychiatrists.

[Thousands of children falling through the cracks as pandemic and funding cuts take their toll](#)

Thousands of children and young people with drug and alcohol problems are falling through the cracks because of the perfect storm created by the pandemic and years of drastic funding cuts to youth addiction services, says the Royal College of Psychiatrists.

[Mounting backlog in community services will exacerbate inequalities for children and other vulnerable patients](#)

Patients are facing significant delays for key health services delivered in the community due to a mounting backlog of care.

[Health and Social Care Secretary to launch new 10-year 'national war on cancer'](#)

The call for evidence is seeking input from cancer patients, relatives and NHS staff to gain the deepest understanding of the issue possible and provide the best future for the country's cancer care. See the [call for evidence](#) to participate.

[Macmillan and Careology join forces to elevate digital cancer care](#)

Careology connects patients with their friends, family and healthcare teams, enabling remote care. Patients are also able to monitor and share key health metrics such as symptoms, side effects and medication adherence.

[A million UK adults who had problems with their mental health for the first time during the pandemic have not spoken to anyone about it](#)

One in four UK adults surveyed (25 per cent) who have experienced a worsening of their mental health for the first time during the pandemic have yet to have a first conversation about it.