

## OLDER PEOPLE

### **Ardwick & Longsight OPeNS engAge and Playlist for Life event**

The in-person event will provide an informational session on how music and memory and creating personalised playlists can help older people, with or without Dementia.

This session is free of charge and is targeted at professionals, volunteers and groups/organisations who work with older people without or without Dementia.

[Link](#)

## MENOPAUSE

### **buzz Menopause questionnaire**

buzz wants to hear from older Manchester residents who have gone through the menopause, as well as from those who or are going through or are expecting to go through the menopause. The responses will help shape future support provision in the city, and will also help to start a local peer support (if there is a need for it).

[Link](#)

## LEARNING DISABILITIES

### **Free online SEND workshop for young people with profound learning needs**

The UK Parliament Education and Engagement team have launched a free online workshop (beginning in April), allowing students to use their senses to explore Parliament, find out who works there and what they do.

The workshops are aimed at young people with profound learning needs aged 7-25 years old and are designed to be run by teachers in classrooms.

[Link](#)

## COVID-19

### **Re-connecting our lives in the wake of the pandemic**

Dr Andrew Power looks how people with learning disabilities are getting back to building community lives in the wake of the pandemic and the challenges of supporting people to connect and communicate online.

[Link](#)

## RISK FACTORS

### **Paper addressing the leading risk factors for ill health**

A review of government policies to address the risk factors in England between 2016 and 2021. These include obesity, smoking, poor diet, physical inactivity and harmful alcohol use; all of these factors are socioeconomically patterned and contribute significantly to widening health inequalities.

[Link](#)

## TRAINING

### **Book your place on the buzz Better Information Programme**

Do you want to be better at spotting fake news and misinformation? Do you write health information, or explain to clients, communities and service users about their health? Then this free online training is for you. Find out more and book onto one of our sessions using the link below.

[Link](#)

