

## RECENT PUBLICATIONS

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**Cognitive and Behavioral Practice**

[Factors associated with treatment uptake, completion and subsequent symptom improvement in a national digital mental health service](#)  
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[Potential impact of adjunct digital tools and technology to help distressed and suicidal men](#) **Frontiers in Psychiatry**

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**Current Opinion Psychiatry**

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### Mobile Technology

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[Mental health monitoring apps for depression and anxiety in children and young people](#) **Social Science and Medicine**

[User perceptions of mobile digital apps for mental health: acceptability and usability](#)  
**Journal of Psychiatry & Mental Health Nursing**

### Social Media

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**Family Journal**

### Telehealth

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