

Spring has finally arrived and we have plenty of news for you from the library. We currently have two book displays in the library, books recommended for you by library staff, [see the collection here](#), and a range of books from our Eating Disorders collection to promote [Eating Disorders Awareness Week](#), which runs this year from February 28th to March 6th. Please email us with any book requests: academic.library@lscft.nhs.uk.

We recently published our [LSCFT Research Bulletin](#) which focuses on research carried out by LSCFT staff.

If you haven't signed up for our **library blog** yet please [take a look](#) and [subscribe](#) here. We try and include a wide variety of content, including regular current awareness bulletins from other trust with links to articles and other useful content. The topics include Family Therapy, Eating Disorders and Perinatal Mental Health.



RESOURCE OF THE MONTH TWITTER

We use our Twitter page to support Evidence Based Practice, connecting you with high quality information to assist you in providing the best possible practice at LSCFT.

Please follow us for current awareness updates, wellbeing motivation, library insights plus much more.

Tag us [@LscftL](#) if you have any suggestions/book requests or ideas. We love to see what our colleagues and friends are up to.

If you like what we are tweeting please **like** or **retweet** our tweets or let us know what you would like us to tweet about.

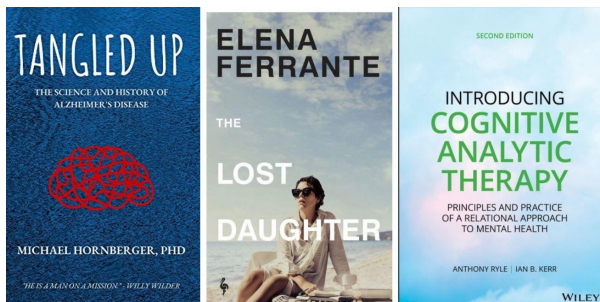
SCAN ME



Please follow us!



New titles added to stock this month:



Visit the library [catalogue](#) to browse our collection

How do I...?

Search the online library catalogue?

Visit our [Trustnet site page](#). Click [Library Catalogue](#) and enter your search terms to find books.

Log in using your **reader code** (the full number on your library card, starting with the letter S) and **P.I.N.** (the last 4 digits of your reader code).

Once logged in you can **reserve** books that are out on loan or **renew** books you already have on loan.

E-books may be accessed using your OpenAthens account login details. Create a new OpenAthens account [here](#) or email the library team for help.

Academic.library@lscft.nhs.uk

Lunch and Learn

Thanks to all who attended our February session - Patient Stories. Please leave us any feedback by completing our [short survey](#).

• SHARING KNOWLEDGE •

LUNCH AND LEARN WITH MARK WILLIAMS

Thursday 17th
March
12pm- 1pm



A session on mental health for new parents - with a particular focus on men

WHO?

Mark Williams, fatherhood and mental health campaigner, author and speaker.

WHAT?

Mark will be talking about mental health for new parents, with a particular focus on men.

HOW?

All library members will receive a Teams invite to attend the session. Email carmel.smith@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.