

DEMENTIA

Greater Manchester LGBTQ+ online dementia support group

Online peer support group for people living with or caring for someone with dementia, who identify as LGBTQ+. Providing anonymity in a friendly and safe environment where attendees can share experiences or concerns with like-minded people. Meetings take place on the first Tuesday of every month 2-3:30, via Zoom.

[Link](#)

SOCIAL PRESCRIBING

Free webinar providing an introduction to Social Prescribing

The Personalised Care Institute and Greater Manchester Health & Social Care Partnership are hosting a webinar on social prescribing. Aimed at all people in roles in the clinical workforce who are new to social prescribing, VCSE staff, local authority employees, community volunteers and those working in sectors developing engagement activity including the cultural, green and physical activity sectors. Thursday 24 March 2022 1-2.30pm.

[Link](#)

COVID-19

Simple and effective ways to protect yourself and others

In response to the Government's Living with COVID-19 plan (marking the end of legal restrictions), the UK Health Security Agency has outlined actions which will help you protect yourself and others around you.

[Link](#)

PROSTATE CANCER

Advanced MRI could help to differentiate aggressive and slower growing prostate cancer

March is Prostate cancer awareness month, the most common cancer in men in the UK. Research has found that using an advanced MRI technique, to observe in real time the metabolism of tumours, may enable doctors to pinpoint these potentially aggressive or fast-growing cancers and guide treatment pathways.

[Link](#)

WOMEN'S HEALTH

Podcast episode addressing women's health inequalities

To mark International Women's Day the episode discusses women's health journeys from start to finish. They explore why women can struggle to get medical professionals to listen to them and the impact this has on diagnosis and treatment, as well as the mental and physical effects on women themselves.

[Link](#)

TRAINING

Health Literacy Awareness

Do you write health information, or explain to clients, communities and service users about their health? Did you know that almost 50% of adults struggle to understand the health information they're given? This free online training shares tips on how to communicate health information more effectively.

[Link](#)

