

## Guidance

### [Government sets out next steps for living with COVID](#)

New guidance outlines free COVID-19 tests will continue to be available to help protect specific groups once free testing for the general public ends on 1 April.

### [COVID-19: guidance for people whose immune system means they are at higher risk](#)

Guidance for people aged 12 and over whose immune system means they are at higher risk of serious illness if they become infected with coronavirus (COVID-19).

### [COVID-19: guidance on protecting people defined on medical grounds as extremely vulnerable](#)

Information for protecting people defined on medical grounds as extremely vulnerable from coronavirus (COVID-19).

### [Hospital discharge and community support guidance](#)

Sets out how health and care systems should support the safe and timely discharge of people who no longer need to stay in hospital.

### [Keep the size of your waist to less than half of your height, updated NICE draft guideline recommends](#)

People are being encouraged to keep their waist measurement to less than half their height to reduce the risk of potential health problems, according to recommendations in an updated NICE draft guideline.

### [myCOPD for managing chronic obstructive pulmonary disease](#)

Evidence-based recommendations on myCOPD for managing chronic obstructive pulmonary disease.

### [Diabetes \(type 1 and type 2\) in children and young people: diagnosis and management](#)

In March 2022, we reviewed the evidence and updated the recommendations on continuous glucose monitoring (CGM), replacing existing recommendations on CGM.

## Reports

### [New report calls for more clinical psychologists to be embedded into GP practices](#)

Access to clinical psychologists in GP practices leads to better patient outcomes, a reduction in demand for GP appointments, increased staff morale and is cost effective, according to a new report by the British Psychological Society's Division of Clinical Psychology.

### [Not a Secondary Issue: Preventing and resolving financial difficulties for people in secondary mental health care](#)

This report examines the extent to which people in secondary mental health care – such as Community Mental Health Teams and psychiatric hospitals – face financial difficulty and how far these services sufficiently meet the financial needs of people in their care.

## Strategy

### [England has a new drugs strategy – what now lies ahead?](#)

The new drugs strategy for England shows the government is serious about righting the wrong of nearly a decade of disinvestment and political neglect. £533 million has been committed over the next three years to community treatment and recovery services, with additional funding for prisons.

## Cochrane Reviews

### [Repeat doses of prenatal corticosteroids for women at risk of preterm birth for improving neonatal health outcomes](#)

Infants born preterm (before 37 weeks' gestation) are at risk of respiratory distress syndrome (RDS) and need for respiratory support due to lung immaturity.

### [Diagnostic test accuracy of remote, multidomain cognitive assessment \(telephone and video call\) for dementia](#)

Remote cognitive assessments are increasingly needed to assist in the detection of cognitive disorders, but the diagnostic accuracy of telephone- and video-based cognitive screening remains unclear.

## Cochrane Clinical Answers

### [What are the effects of information provision for stroke survivors and their carers?](#)

For stroke survivors, active information provision may slightly improve knowledge, quality of life, and depression, but the certainty of evidence is low; the effects of active information provision on carers are less clear.

## Policy Paper

### [From harm to hope: A 10-year drugs plan to cut crime and save lives](#)

A 10-year plan to cut crime and save lives by reducing the supply and demand for drugs and delivering a high-quality treatment and recovery system.

## NIHR Collection

### [End of life care: research highlights the importance of conversations and need for equal access](#)

Towards the end of life, everyone should be able to live as well as possible, in the place of their choosing, and receive the care they want and need. Currently, this is not the case, and the most disadvantaged in society are least well-served. Inequalities, present throughout life, increase at the end of it.

## News

### [Lifechanging technology to be rolled out to all type 1 diabetes patients](#)

Everyone living with type 1 diabetes will be eligible for lifechanging flash glucose monitors on the NHS, thanks to new guidance.

### [NHS treating record number of young people for eating disorders](#)

More young people than ever before are receiving treatment for eating disorders according to the latest figures, the NHS said today.

### [Public health](#)

The coronavirus (Covid-19) pandemic has been a global public health emergency, requiring national lockdowns and social distancing measures to limit the spread of the virus. As we move into the third year of the Covid-19 pandemic, this QualityWatch indicator update explores the impact the pandemic has had through longer-term trends in key public health measures.