

## Systematic Review

[Substance use is higher and more excessive in transgender people: evidence, limitations and gaps](#)

Summarises a systematic review looking into the prevalence of substance use among transgender people compared to their cisgender counterparts.

## Study

[One-off physiotherapy session is an effective way to treat shoulder pain](#)

A single session with a physiotherapist, along with an exercise programme to follow at home, is an effective treatment for shoulder pain.

[Long-term antibiotic use by middle-aged women may affect cognitive function – new study](#)

A recent study has also linked long-term antibiotic use by middle-aged women to an increased risk of cognitive decline.

## Report

[New report confirms fluoridation can reduce tooth decay among children](#)

The benefits are greater for those in more deprived areas, reducing inequalities and helping level up oral health.

## Guidance

[Integrated care partnerships: engagement findings](#)

A summary of engagement by the Department of Health and Social Care, NHS England and the Local Government Association following their 'ICP engagement document: integrated care system implementation'.

[Integrated health and social care for people experiencing homelessness - NICE guideline \[NG214\]](#)

This guideline covers providing integrated health and social care services for people experiencing homelessness. It aims to improve access to and engagement with health and social care, and ensure care is coordinated across different services.

[Fetal alcohol spectrum disorder - Quality standard \[QS204\]](#)

This quality standard covers assessing and diagnosing fetal alcohol spectrum disorder (FASD) in children and young people. It also covers support during pregnancy to prevent FASD. It describes high-quality care in priority areas for improvement.

## Statistics

[Victimisation and its relationship to drug misuse, common mental disorder and well-being in England and Wales](#)

An overview of drug misuse, symptoms of common mental disorder and personal well-being in adults who reported being a victim of crime in the last year. Data are from the Telephone-operated Crime Survey for England and Wales. [Dataset](#)

## Cochrane Clinical Answers

[How do higher-dose anticoagulants compare with lower-dose for people with moderate to severe COVID-19?](#)

For people with moderate to severe COVID-19, high-certainty evidence shows little to no difference between higher- (therapeutic) and lower-dose (prophylactic) anticoagulants for all-cause mortality but a higher risk of minor bleeding with the higher dose.

## Publications

### [A matter of life and death: Explaining the wider determinants of health in the UK](#)

To address health inequalities, we need to change the way that we communicate about the wider determinants of health – to increase public understanding and to build space for policy change.

### [Why don't children and young people engage with diabetes services?](#)

Young people's life goals should be given as much attention as their blood sugar levels in diabetes appointments. New research suggests that more focus on their interests and priorities would increase their engagement with diabetes services.

## Policy Papers

### [Children and young people's mental health: government response](#)

The government's response to the Health and Social Care Committee report: Children and young people's mental health.

### [HSCC's expert panel mental health evaluation: government response](#)

The government's response to the HSCC's expert panel evaluation on the government's progress on commitments in mental health services in England.

## Consultation

### [Changes to the law and guidance about making your own decisions \(easy read\)](#)

This easy read publication provides an update on the Mental Capacity Act Code of Practice and the Liberty Protection Safeguards.

## Briefing

### [YOURmeds for medication support in long-term conditions - Medtech innovation briefing \[MIB289\]](#)

NICE has developed a medtech innovation briefing (MIB) on YOURmeds for medication support in long-term conditions.

## Blog Post

### [The voluntary sector: a game-changer in integrated care systems](#)

Recent reports and guidance show how integral the voluntary sector is to achieving integrated care in health and care services.

## Ebook

### [Pocket book of primary health care for children and adolescents: guidelines for health promotion, disease prevention and management from the newborn period to adolescence \(2022\)](#)

This Pocket Book is for use by doctors, nurses and other health workers who are responsible for the care of children and adolescents at the primary health care level.

## News

### [Pregnant women to be offered first test to help diagnose pre-eclampsia](#)

The independent NICE diagnostic advisory committee has recommended four tests that can be used between 20 to 36 weeks and 6 days of pregnancy to help make decisions about caring for women presenting with suspected preterm pre-eclampsia.

### [NHS bookings open for Spring boosters](#)

The NHS COVID vaccination programme starts inviting eligible people to come forward for their Spring booster jabs.

### [Extension of temporary approval of home use for both stages of early medical abortion](#)

Temporary approval of women's homes and the homes of registered medical practitioners as classes of place for early medical abortion up to 10 weeks has been extended until 29 August 2022.

### [Government to improve protections for people deprived of their liberty](#)

The Department of Health and Social Care and Ministry of Justice have launched a consultation to ensure freedoms and human rights of people lacking mental capacity are better protected.

### [Ukrainians fleeing war granted free access to NHS healthcare](#)

All Ukrainians arriving in England will be able to access NHS healthcare free of charge, including GP and nurse consultations, hospital services, and urgent care centres.

### [Supporting children with their feelings about needles can help those who want a Covid-19 vaccine to be protected, say psychologists](#)

Supporting parents and carers to manage all children's feelings about needles could help children who want a Covid-19 vaccination to get one, say psychologists, after the Joint Committee on Vaccination and Immunisation recommended that children aged five and over in the UK are offered a Covid-19 vaccine.

### [One third of UK public says their mental health has deteriorated as a result of the pandemic](#)

A nationwide survey commissioned by the Royal College of Psychiatrists reveals the devastating impact of the pandemic on the nation's mental health, with one in three (29%) adults reporting their mental health deteriorated over the past two years.

### [Body image issues affect close to 40% of men – but many don't get the support they need](#)

Without proper support, body image issues can have a major impact on both physical and mental health. Yet many men are hesitant to speak up about their body image issues – largely because of the stigma attached to it.

### [Four reasons why children need to be more active in school playgrounds, and what's stopping them](#)

While some children are physically active at breaktimes, for others there are a number of barriers preventing them from doing anything energetic, recent research has highlighted.