

Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Report

[National Confidential Inquiry into Suicide and Safety in Mental Health Annual Report 2022](#)

The 2022 annual report from the National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH) provides findings relating to people aged 10 and over who died by suicide between 2009 and 2019 across all UK countries.

[National Confidential Inquiry into Suicide and Safety 8th NCISH Conference, 19 May 2022](#)

Free half day virtual conference presenting the latest UK-wide findings relating to people who died by suicide between 2009 and 2019.

Systematic Reviews

[A mixed-methods systematic review of suicide prevention interventions involving multisectoral collaborations](#)

This review revealed a lack of evidence of multisectoral collaborations being established between researchers and stakeholders in the field of suicide prevention research, even while such practice is being espoused in government policies and funding guidelines.

[A Systematic Review of the Effects of Urban Living on Suicidality and Self-Harm in the UK and Ireland](#)

Findings reflect a mixed picture, but with a tendency for urban living to be associated with an increased risk of suicidality and self-harm over rural living, particularly for those living in deprived areas. Further research should focus on the clustering and additive effects of risk and protective factors for suicidality and self-harm in urban environments.

[Maternal Suicide Ideation and Behaviour During Pregnancy and the First Postpartum Year: A Systematic Review of Psychological and Psychosocial Risk Factors](#)

Associations between abuse, experienced recently or during childhood, and maternal suicide ideation, attempted suicide and death were consistently reported. Social support was found to be less associated with suicide ideation but more so with suicide attempts.

Meta-analysis

[Prevalence of suicidal ideation and suicide attempts among refugees: a meta-analysis](#)

There is a great lack of epidemiological studies on suicidal ideation and attempts among refugees. The high prevalence of suicidal ideation indicates the existence of heavy psychological burden among this population. The prevalence of suicide attempts is similar to that in non-refugee populations. Because of the large heterogeneity between studies, the pooled prevalence estimates must be interpreted with caution. The results underline the need for systematic and standardized assessment and treatment of suicidal ideation and attempts.

Papers

[De-Criminalization of Suicide: An Overview, Key Practical Challenges, and Suggestions to Address Them](#)

Until the start of the 19th century, most countries had legislation in place to punish those who attempted suicide. The last 50 years saw a change in the above pattern. A systematic review found that around 25 countries still have legislations in place to punish those who attempt suicide. These include Bangladesh, Pakistan, Ghana, Guyana, Kenya, Malaysia, and Myanmar.

[The Impact of COVID on Adolescent Mental Health, Self-Harm and Suicide: How Can Primary Care Provider Respond? A Position Paper of the European Academy of Pediatrics](#)

This article describes risk factors for self-harm and suicidal behavior and reviews how primary care pediatricians and health professionals can respond to such situations.

[What Employers Need to Know About Suicide Prevention](#)

This US paper looked at the question: what should organizations do to help prevent suicide among its employees — and to help support suicide survivors after the death of a coworker?

[Mental health apps for people in crisis: helpful or harmful?](#)

Summarises a review of the 'best apps' for mental health, which finds very little support for people experiencing a mental health crisis.

Statistics

[Deaths from suicide that occurred in England and Wales: April to December 2020](#)

Suicides that occurred between April and December 2020 in England and Wales analysed by sex, age, and suicide method. [Dataset](#)

[Suicides among people diagnosed with severe health conditions, England](#)

Suicide rates among people diagnosed with severe health conditions, based on mortality records linked to the 2011 Census and Hospital Episode Statistics (HES). [Dataset](#)

Resources

[Development of an Armed Forces Suicide Bereavement Pack](#)

Suicide Bereavement UK are conducting a 1 yr study which aims to develop an Armed Forces evidence-based suicide bereavement pack for Armed Forces families & friends; active service men/women; veterans & civilian next-of-kin & friends.

[Services for self-harm: A toolkit for self-assessment based on the NICE Quality Standard](#)

NCISH have developed a toolkit for self-assessment based on the NICE Quality Standard for Self-Harm. It covers the initial management of self-harm & the provision of longer-term support for children & young people (8 to 18) & adults (18+) who self-harm.

Conferences

[SSRU Annual Conference 2022](#)

The SSRU Annual Conference 2022 will be taking place on Thursday 28th April from 9.00am - 1.30pm. This hybrid event will be available to guests remotely via MS Teams, and to 50 in-person guests on a first-come, first-served basis. Should the in-person capacity be reached, remote attendance will be offered as an alternative. The event will be recorded and uploaded to our website Suicide, Risk and Safety Research Unit | Greater Manchester Mental Health NHS FT (gmmh.nhs.uk).

[Self-harm and suicide: what we know and what we need to know, 8 June 2022, University of Central Lancashire](#)

The fifth annual Suicide and Self-Harm Research North West (SSHARE NoW) conference brings together clinicians, individuals with lived experience, academics, and researchers in the field. The free conference aims to raise awareness and understanding of self-harm and suicide by presenting some of our latest research in the field, providing opportunity to hear from individuals with lived experience of self-harm and suicide, and inviting discussion of key topics via our panel. For this year the panel discussion will be "Treating and recovering from self-harm and suicide: what we know and what we need to know".

Consultation

[Mental health and wellbeing plan: discussion paper and call for evidence](#)

This discussion paper and call for evidence seek views on what the government can do to improve everyone's mental health and wellbeing. This consultation closes at 11:45pm on 5 July 2022

[Easy Read version](#)

News

[Autistic people are six times more likely to attempt suicide – poor mental health support may be to blame](#)

One person dies by suicide every 40 seconds. Some of those most at risk include people experiencing mental health difficulties (such as depression) and vulnerable groups who experience discrimination (such as LGBTQ+ people).