

Cochrane Reviews

[Cannabis and cannabinoids for symptomatic treatment for people with multiple sclerosis](#)

This review aimed to assess benefit and harms of cannabinoids, including synthetic, or herbal and plant-derived cannabinoids, for reducing symptoms for adults with MS.

[Comprehensive Geriatric Assessment for community-dwelling, high-risk, frail, older people](#)

Review authors found 21 relevant studies giving information on 7893 frail, older people across 10 countries and four continents. The review shows that older people who underwent CGA rather than usual medical care did not have a significantly lower risk of death overall. While the chances of being admitted to a nursing home did not appear to change, there is low-quality evidence showing there may be a lower risk of being admitted to hospital in people who received CGA. While CGA did not appear to affect the need to visit the emergency department or of falls, there were insufficient studies looking at these for us to draw any conclusions.

[Community-based interventions for improving mental health in refugee children and adolescents in high-income countries](#)

Refugee children and adolescents who have settled in high-income countries are at risk of mental health problems due to the many challenges they face before, during, and after migration.

Cochrane Clinical Answers

[For postmenopausal women, does risedronate help with primary and secondary prevention of osteoporotic fractures?](#)

Risedronate may have no benefit in primary prevention of osteoporotic fractures, but probably prevents non-vertebral fractures and may reduce hip fractures in secondary prevention.

Study

[Palliative and end of life care should not wait for a prediction of death](#)

In the UK, end of life care is typically put in place for people who are likely to die within the next 12 months. But predictions of the length of time remaining are difficult to make. New research suggests that these predictions are often less accurate than chance alone.

Report

[Diabetes is Serious 2022](#)

[A new report](#), published by Diabetes UK as part of their Diabetes Is Serious campaign, shows the scale of the problem and sets out a series of calls to UK Government to tackle it.

[A Window of Opportunity: Delivering prevention in an ageing world](#)

The ILC has published a new report making a series of recommendations to help embed preventative healthcare in G20 countries.

Case Study

[Integrated working to address frailty needs: Bradford District and Craven Health and Care Partnership](#)

The delivery of an integrated approach has led to significant health and social improvements among frail and older people within Bradford District and Craven.

Guidance

[Epilepsies in children, young people and adults: NICE guideline](#)

This guideline covers diagnosing and managing epilepsy in children, young people and adults in primary and secondary care, and referral to tertiary services.

Statistics

[Children and young people with an eating disorder waiting times](#)

The Nuffield Trust explores how long children and young people with an eating disorder wait to start treatment.

Blog Post

[Dying matters - which is why we need to deepen our understanding of end-of-life care](#)

What does it mean to be in a good place to die? That's a question that Hospice UK are encouraging people to think about as part of this year's 'Dying Matters Week'.

News

[Healthier lifestyle can help to ease osteoarthritis symptoms says NICE](#)

Exercise has an important role to play in helping people living with osteoarthritis NICE says in draft updated guidelines published on the care and management of people with the condition.

[Loneliness affects mental health of millions, yet many feel ashamed to talk about it](#)

Millions of people's mental health are harmed by loneliness, yet more than one third (35 per cent) of those surveyed say they would never admit to being lonely and one quarter (25 per cent) say they feel ashamed about being lonely.

[Inquiry uncovers damaging impact of imprisonment on women's health and wellbeing](#)

Prisons are unable to address the physical and mental health needs of women and can make them worse, an inquiry has found. The All Party Parliamentary Group on Women in the Penal System (APPG) uncovered evidence of poor living conditions and rising self-harm.

[Recipients of £5.4 million suicide prevent fund revealed in Mental Health Awareness Week](#)

Government announces 113 charities benefited from voluntary, community and social enterprise grant fund.

[Health and Care Bill granted Royal Assent in milestone for healthcare recovery and reform](#)

The Health and Care Bill has received Royal Assent.

[Three-month limit for 3 HRT products to ensure continued access](#)

The government has issued serious shortage protocols (SSPs) to limit dispensing to 3 months' supply for 3 HRT products to ensure continued access.

[NHS Confederation and IPPR partner for major review of health, places and prosperity](#)

Developing a bold, new reform proposition for building more collaborative, healthy and prosperous places.