

## Studies

### [Assessment of a Plasma Amyloid Probability Score to Estimate Amyloid Positron Emission Tomography Findings Among Adults With Cognitive Impairment](#)

These findings suggest that this blood test had robust performance in detecting brain amyloidosis and could aid clinicians in the diagnosis of Alzheimer disease among patients with cognitive impairment.

### [The small HDL particle hypothesis of Alzheimer's disease](#)

Elevated levels of high-density lipoproteins (HDL) — often called "good" cholesterol — in the fluid surrounding the brain and spinal cord may offer protection against Alzheimer's, new research suggests.

### [Healthy lifestyle and life expectancy with and without Alzheimer's dementia: population based cohort study](#)

A healthy lifestyle was associated with a longer life expectancy among men and women, and they lived a larger proportion of their remaining years without Alzheimer's dementia. The life expectancy estimates might help health professionals, policy makers, and stakeholders to plan future healthcare services, costs, and needs.

### [Living well with dementia: what's the impact of auditory hallucinations?](#)

reviews a recent study exploring the impact of auditory hallucinations on 'living well' with dementia using findings from the IDEAL programme.

### [Suicidal ideation in dementia: associations with neuropsychiatric symptoms and subtype diagnosis](#)

findings highlight the importance of identifying and treating depressive symptoms in people with dementia and the need for further research into under-researched dementia subtypes.

### [Acceptability of the voice your values, an advance care planning intervention in persons living with mild dementia using videoconferencing technology](#)

The virtual Voice Your Values intervention was an acceptable approach to advance care planning in older adults with mild dementia and their trusted individuals.

### [Time spent in outdoor light is associated with the risk of dementia: a prospective cohort study of 362094 participants](#)

Sunlight exposure had a J-shaped association with dementia risk. Giving detailed guidance on sunlight exposure can effectively prevent dementia.

elderly vascular geriatrics  
Alzheimer's environment  
cognition early onset lewy bodies support  
fronto-temporal dementia  
research memory old age



**NHS**  
Mersey Care  
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Community and Mental Health Services

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### [Changes in dementia diagnoses in Sweden during the COVID-19 pandemic](#)

Dementia diagnosis incidence in Sweden has been on a decline since 2015. The COVID-19 pandemic caused a further larger decline in dementia diagnosis incidence during 2020. There might be a large number of undiagnosed patients with dementia and healthcare reforms should be enacted to address this. Women and elderly are particularly vulnerable groups.

### [Promoting cultural change towards dementia friendly communities: a multi-level intervention in Japan](#)

The intervention benefitted male residents who were less likely to be involved in the community's web of social networks at baseline. A strategy to create DFCs that emphasizes nurturing community social capital can form a foundation for DFCs.

## **Cochrane Review**

### [Psychological treatments for depression and anxiety in dementia and mild cognitive impairment](#)

Experiencing anxiety and depression is very common in people living with dementia and mild cognitive impairment (MCI). There is uncertainty about the best treatment approach. Drug treatments may be ineffective and associated with adverse effects. Guidelines recommend psychological treatments. In this updated systematic review, we investigated the effectiveness of different psychological treatment approaches.

## **Campaign**

### [Why our new campaign is so important for everyone affected by dementia](#)

Dementia UK's new campaign runs from late April to early June on social media and through advertising in bus shelters, featuring relatable scenes that show how the lives of carers are affected by dementia, and how its impact can be felt across the generations.

## **Webinar**

### [How to support LGBTQ+ living with dementia webinars May 4th and 18th](#)

Online webinar aiming to raise awareness of how to support LGBTQ+ people living with dementia.